

Cluster Plan 2024-2025

Cardiff South West Cluster Cardiff Pan Cluster Planning Group

Cluster Executive Summary:

Cardiff SW Cluster are proud to be at the forefront of Cluster Development in Cardiff and Vale. We are developing the optimal Cluster, using asset-based community development approaches to understand and facilitate connections between the many strengths within people, groups and communities in our Cluster area. The accelerated cluster transformation project is a progressive approach to improving population health through a joined-up system of communities, third and independent sector partners, primary and community services. All partners will work together to support individual, family and community resilience and, in so doing, enhance health and well-being, reducing the need for statutory services to meet well-being outcomes and combatting the health consequences of loneliness, isolation and disconnection. We have established a multi-disciplinary team comprised of pharmacists, wellbeing connectors, healthcare support worker and Occupational Therapist. We will continue to develop the offer to our patients, with an acute home visiting service and discharge support service.

The cluster has developed the following values

- CARING - We respect and value everyone for their contribution and we aim to show compassion to our patients at all times.
- POSITIVITY - We strive to be positive about primary care and its future and rise to the challenges facing us.
- FAIRNESS - We are consistent and fair in the way that we deal with people.
- INNOVATION - Bringing innovation approaches to our services and ways of working for the benefit of our patients
- COOPERATION - We work together for the mutual benefit of all members of the cluster.

Health Needs Assessment Summary:

The 2022 Regional Population Needs Assessment for Cardiff and the Vale highlighted the following priorities facing our population:

- Growing and ageing population

Key Cluster Actions 2024/25:

- Engage with school to see what services can be developed with school nurses/wellbeing teams to improve school wellbeing – this will lead to a formal bid towards the end of financial year
- Dental advice to all infants attending baby clinics in GMS practices
- Host Macmillan Integrated Cancer Journey worker for a year to scope what services would support those with cancer – funded by Macmillan
- Continue to support IP, DPP and primary care pharmacist transition courses
- Workforce development fund to enhance and develop the skills of the cluster workforce across collaboratives
- Continue to develop wellbeing/social prescribing through our contract with our community development organisation – ACE
- Continue to develop the skill mix in our Hub
- Explore real estate options to accommodate our growing team
- Continue to develop our UPCC model to fit with the work going on in other UHB workstreams – 6 goals, further faster etc
- Develop ongoing diabetes prevention/treatment services across the cluster
- Engage with WAST on a potential volunteer driver service to bring vulnerable patients to their GP/chronic disease appointments

Finance and Workforce Profiles 2024/5:

Financial allocation of £364k

Cluster workforce profile:

Cluster Plan 2024-2025

<ul style="list-style-type: none"> • Ethnically diverse – especially in South Cardiff • Increasing levels of chronic disease; impacted by Covid pandemic – 5 harms, long Covid and ‘syndemic’ effect • Modifiable risk factors – of concern before pandemic, but again impacted by Covid, mostly in less favorable direction • Wider determinants, social isolation – impact of Covid and Cost of living crisis • Impact of Climate Change and Climate Emergency <p>In addition, local Cluster profiles were developed to provide further insights on the needs of the population, supplemented by the professional collaborative insights:</p> <ul style="list-style-type: none"> • Mental health support for young people • Dental care in young people • Training support for pharmacists to develop IP • Continue diabetes catch up work • Supporting people to live well • Expand access to elemental to other collaboratives • Transport to medical appointments for those with disabilities and or financial challenges • Additional Physio/PCLS capacity or adapt current model • Enhanced publicity for our services across the community 	<ul style="list-style-type: none"> • Cluster Pharmacists • Pharmacy Technician • Physician Associate • Project Manager <p>Additional finance and workforce investment through RIF investment</p> <ul style="list-style-type: none"> • HealthCare Assistant • Occupational Therapist 	
<p>Key achievements/successes related to the 2023/4 Cluster Plan:</p> <ul style="list-style-type: none"> • In a challenging financial environment, existing cluster services have been maintained • Recruited a HCSW and OT to supplement the discharge Hub team • Scoping of a Pharmacy technician role to change the workforce balance in the Hub to enable more prudent working to go to ad soon • Successful engagement and integration of the 6 new 	<p>Key reflections / challenges related to the 2023/4 Cluster Plan:</p> <ul style="list-style-type: none"> • Constrained financial situation • Recruitment delays and subsequent freeze of non-clinical roles • Long term sickness within the hub team providing operational challenges • The ongoing reorganisation of Custer governance and structures linked to ACD taking up significant time and resource from cluster and now Collaborative leads 	<p>Emerging alignment with PCPG Plan 2023/26 / PRB Area Plan 2023/2028</p> <p>The revised cluster structure will provide the ability to ensure that ongoing cluster plans influence and align with those of the PCPG and Regional Partnership Board.</p> <p>A number of Cluster developed/delivered schemes already demonstrate alignment to the life stages of the RPB Area Plan; Starting Well, Living Well, Ageing Well.</p> <p>Through 2023/24 the common priorities identified for the Cardiff region include;</p> <ul style="list-style-type: none"> • Children Services & Safeguarding (starting well) • High Risk Adults – Frailty (aging well) • Prevention – Immunisation, Chronic disease (starting well/living well) • Future Care Planning (aging well) • Social prescribing (living well)

Cluster Plan 2024-2025

<p>collaboratives into the cluster as per ACD</p> <ul style="list-style-type: none"> • Agreement and ratification of new ToR for the new cluster as per ACD • Priority setting exercise held in June identifying local priorities • Successful Cpet event sharing good practice and existing partners' services • Development and adaptation of a SW Cluster model for UPCC awaiting approval • Prize winning QI project around childhood imms expanded to teenage imms catch up • Immunisation engagement and awareness event held in the local community fair • Attended ACE cares event in local church to share our available services with local community and other organisations. • Beginning of lifestyle medicine clinics • Commissioning of BAME counselling services • Support for patients in crisis during the cost of living crisis • Green flag garden sites across the cluster • Partnerships with Football Association of Wales, Macmillan, YMA, probation service, Lymphoedema Wales and WAST 	<ul style="list-style-type: none"> • The cluster team has grown which is a success but it has led to a constraint of limited office space. This will hamper future growth/development of new services • A lack of willingness from the UHB to commission work directly from the cluster or CIC has meant a number of priority areas around learning disability, asylum care and UPCC have not been progressed 	
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Cluster Plan 2024-2025

List activities or projects planned to commence during 2024/5, as well as those planned/ initiated earlier (if ongoing)

Activity/ project title	New or existing activity	Brief activity/ project description	Results/ benefits expected	Strategic alignment: Ministerial priorities	Strategic alignment: SPPC key programme priorities	Activity/ project budget	Funding source(s)	Current status	Comments
Provide a consist activity or project title, one per unique activity	Is this a new activity for 24/35 or part of a previous cluster plan?	Simple and to the point - no need to go into specific objectives	Brief list of main results or benefits anticipated from this activity or project	Does this fit any of the ministerial priorities?	Does this fit any of the SPPC key priorities?	What money has been allocated to this project or activity? Insert total – to include staff, equipment etc. costs	What is the source of this funding? I.e. transformation funding, cluster funding etc.	What is the current status – short description only	Comments you feel may be relevant here – for example barriers to success, workforce issues etc.
Cluster Pharmacist & Technician	Existing	To provide a specialist and consistent service to meet targeted medication needs of the cluster population	<ul style="list-style-type: none"> Provides comprehensive medication and wellbeing review for patients on discharge from hospital. Reduces hospital readmissions. Assist Cluster Practices in the management of specific chronic conditions across the Cluster population. Provide specialist assistance in complex medication and polypharmacy reviews. Facilitation of prudent healthcare 	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£150k	Cluster	Ongoing	
Cluster Project Manager – MDT & Discharge	Existing	To provide project management and support across the Cluster	Improved project delivery Projects managed to time and within budgets Early identification of project risks/issues for escalation	A Healthier Wales / Population Health		£49k	Cluster	Ongoing	
Grow Well	Existing	To provide access to Health and wellbeing as part of social prescribing initiatives	Patients referred to the service as an alternative outcome/solution for their need	A Healthier Wales / Population Health/Mental Health and	Community Infrastructure – Primary Care Model for Wales	£3k	Cluster	Ongoing	

Cluster Plan 2024-2025

				Emotional Wellbeing					
Lifestyle Medicine Approach for Newly Diagnosed Diabetes Mellitus	New	Supporting newly diagnosed diabetic patients to manage their condition	Improved diabetes control in newly diagnosed diabetic patients through lifestyle intervention	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	9k	Cluster	Non-recurrent - End April 2024	
Immunisation Events	Existing	Community events focused on patient education and provision of immunisation	Patient education around immunisation Improved uptake of immunisations	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	3k	Cluster	Ongoing	
Diabetes - Kidney Disease	Existing	Management of Diabetes and Kidney Disease through medication review.	Improved health management for patients with Type 2 Diabetes	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	12k	Cluster	Non-recurrent Ends March 2024	
Childhood Continence	Existing	To provide a targeted service delivered in a primary care setting.	Improved patient health literacy. Improved access via outreach clinics based at GP premises.	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	12k	Cluster	Ongoing	
Safeguarding Peer Support Group	Existing	Peer support for safeguarding leads. Improve care for safeguarding cases	Supported safeguarding leads. Regular meetings and peers support network established		Community Infrastructure – Primary Care Model for Wales	4k	Cluster	Ongoing	
CCAWS -	Existing	Counselling support service for the BAME community	To reduce individual and societal challenges affecting access to healthcare.	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£50k	Cluster	For review / renewal June 2024	
Recite Me - Digital Inclusion and Accessibility	Existing	Innovative accessibility tool embedded into practice websites	Improved access, through digital inclusion	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£5k	Cluster	For review / renewal April 2024	
ViPC	Existing	To provide Cluster IT support and support for cluster projects through	Improved and consistent use of data to inform cluster development and project evaluation		Community Infrastructure /ACD	£21k	Cluster	For review / renewal April 2024	

Cluster Plan 2024-2025

		evaluation							
ACE Cost of Living	Existing	Additional payment for ACE to mitigate cost of living crisis	Continued / increased service provision	A Healthier Wales / Population Health	Community Infrastructure /ACD	£13k	Cluster	Non-recurrent ends March 2024	
Cardiff Family advice & Support	New	Provision of information, advice and assistance for children, young people and their families	Access to resources and information to improve patient health and wellbeing of cluster population.		Community Infrastructure – Primary Care Model for Wales	£30k	Cluster		