

# Cluster Plan 2024-2025

## Eastern Vale Cluster

Vale Pan Cluster Planning Group Name here

### Cluster Executive Summary:

The Eastern Vale cluster serves a combined cluster population of 37,332, serving a population of key urban areas including Penarth, Dinas Powys, Llandough and Sully.

### Key Cluster Actions 2024/25:

The Eastern Vale Cluster held a successful workshop in October, where the following priorities were identified:

1. Pre-diabetes brief interventions
2. Promotion of healthy lifestyle and preventative healthcare
3. Children's mental health and neurodiversity

The collaborative members have devised and developed the following projects in alignment with the identified priorities and the population needs assessment.

1. Continuation of the enhanced Care@home programme.
2. MDT pilot project to support the Care@home.
3. Frailty Nurse (discussions around outcomes currently taking place).
4. The Cluster Pharmacist.
5. Minuteful for Wound (MfW) Wound Management Platform
6. All-Wales Diabetes Prevention Programme (AWDPP)
7. Lifestyle promotion and equity of healthcare: One-Stop-Shop
8. Physiotherapy first point of contact
9. NB Medical Education: Organisational subscription

### Health Needs Assessment Summary:

The 2022 Regional Population Needs Assessment for Cardiff and the Vale highlighted the following priorities facing our population:

- Growing and ageing population
- Ethnically diverse – especially in South Cardiff
- Increasing levels of chronic disease; impacted by Covid pandemic – 5 harms, long Covid and 'syndemic' effect
- Modifiable risk factors – of concern before pandemic, but again impacted by Covid, mostly in less favorable direction

### Finance and Workforce Profiles 2024/5:

Financial workforce profile: £201k

Cluster workforce profile:

- *Cluster Pharmacist*
- *Frailty Nurse*

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<ul style="list-style-type: none"> <li>Wider determinants, social isolation – impact of Covid and Cost of living crisis</li> <li>Impact of Climate Change and Climate Emergency</li> </ul> <p>The EV Cluster has the second highest percentage of elderly patients (65+) for a cluster in Cardiff and Vale. There are 3 nursing and 4 residential homes.</p>	
<p><b>Key achievements/successes related to the 2024/5 Cluster Plan:</b></p> <ul style="list-style-type: none"> <li>Successfully recruited a Cluster Lead.</li> <li>Recruitment of a Cluster Development Manager to support the development of projects and evaluations.</li> <li>Recruitment of a Cluster Pharmacist has been successful and will be in post before the next financial year.</li> <li>A Frailty Nurse who undertakes comprehensive reviews, falls assessments, future care planning and admission avoidance.</li> <li>The Care@home enhanced programme has been fundamental in supporting patients to remain well at home.</li> </ul>	<p><b>Key reflections / challenges related to the 2024/5 Cluster Plan:</b></p> <ul style="list-style-type: none"> <li>Recruitment and retention. It took a long time to recruit the cluster lead. There can also be issues arising from lone worker roles such as the Frailty Nurse.</li> <li>Lack of clinical and office space.</li> <li>Limitation of cluster funding, but there are opportunities to work with third sector and investigate grants available to support local projects. Clusters are not financial entities so a mechanism for obtaining extra funding through grants needs to be developed.</li> <li>Access to digital systems remotely.</li> <li>Too many systems not linking together.</li> </ul>
<p><b>Emerging alignment with PCPG Plan 2023/26 / PRB Area Plan 2023/2028</b></p> <p>The revised cluster structure will provide the ability to ensure that ongoing cluster plans influence and align with those of the PCPG and Regional Partnership Board.</p> <p>A number of Cluster developed/delivered schemes already demonstrate alignment to the life stages of the RPB Area Plan; Starting Well, Living Well, Ageing Well.</p> <p>Through 2023/24 the common priorities identified for the Vale region include;</p> <ul style="list-style-type: none"> <li>Children Services &amp; Safeguarding (starting well)</li> <li>Immunisation (starting well/living well)</li> <li>Chronic disease (living well)</li> <li>Frailty (aging well)</li> </ul>	

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List activities or projects planned to commence during 2024/5, as well as those planned/ initiated earlier (if ongoing)

Activity/ project title	New or existing activity	Brief activity/ project description	Results/ benefits expected	Strategic alignment: Ministerial priorities	Strategic alignment: SPPC key programme priorities	Activity/ project budget	Funding source(s)	Current status	Comments
Provide a consist activity or project title, one per unique activity	Is this a new activity for 24/5 or part of a previous cluster plan?	Simple and to the point - no need to go into specific objectives	Brief list of main results or benefits anticipated from this activity or project	Does this fit any of the ministerial priorities?	Does this fit any of the SPPC key priorities? Sa w	What money has been allocated to this project or activity? Insert total – to include staff, equipment etc. costs	What is the source of this funding? I.e. transformation funding, cluster funding etc.	#	Comments you feel may be relevant here – for example barriers to success, workforce issues etc.
Cluster Pharmacist	Existing	To provide additional capacity to meet medication needs of patients	<ul style="list-style-type: none"> <li>Enables GP to focus on GP time to spend on patients with complex medical needs.</li> <li>Annual medication reviews carried out in a timely manner</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	41k	Cluster	Ongoing	
Cluster Frailty Nurse	Existing	To work as part of the MDT to	<ul style="list-style-type: none"> <li>Admission avoidance.</li> </ul>	A Healthier Wales /	Community	51k	Cluster	Ongoing	Post holder leaving –

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		support right care, right place, right time	<ul style="list-style-type: none"> <li>• ACP discussions management plans in place</li> </ul>	Population Health	Infrastructure – Primary Care Model for Wales				Alternative models being scoped
Care@Home Scheme	Existing	To enable comprehensive reviews of frail elderly and palliative patients at home	<ul style="list-style-type: none"> <li>• Patients able to remain well at home.</li> <li>• Enhanced CDM.</li> </ul> <p>Increased MDT working</p>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	75k	Cluster	Ongoing	
Minute4U for Wound (MfW) Wound Management Platform	New	AI wound care app aimed at supporting practitioners who undertake wound management	<ul style="list-style-type: none"> <li>• Reduced time to heal</li> <li>• Reduction in consultation time and more accurate data collection</li> <li>• Standardised management plans based on national guidelines</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	2023/24 underspend - £7,829 2024/25 Budget - £29,272	Cluster	New	
All-Wales Diabetes Prevention Programme (AWDPP)	New	To identify pre-diabetic patients and provide intervention with the aim of reducing their HBA1C	<ul style="list-style-type: none"> <li>• Reduce HBA1C and weight</li> <li>• Reduce number progressing to T2DM</li> <li>• Therefore reduce myriad sequelae of diabetes</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	2024-25 =£53,201 2025 Q1-3 =£57,172	Cluster	New	
Lifestyle promotion and equity of healthcare: One-Stop-Shop	New	To promote healthy lifestyle choices and exercise preventative healthcare through education and multiagency involvement	<ul style="list-style-type: none"> <li>• Patients identified as having results outside “normal” parameters when undergoing blood pressure monitoring, POC cholesterol and POC HBA1C measurements.</li> <li>• Patients enrolling in standardised health promotion courses (smoking cessation, dietician involvement, leisure/NERS uptake).</li> <li>• Uptake in pneumococcal vaccine for those eligible patients at 12 months.</li> <li>• Patients making contact with 3<sup>rd</sup> sector agencies</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	Circa £10,339	Cluster	New	

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Physiotherapy first point of contact	New	2 additional sessions of physiotherapy first point of contact	<ul style="list-style-type: none"> <li>Better service provision for those with MSK conditions.</li> <li>Free up GP appointments</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	£17,026	Cluster	New	These extra sessions were initially funded via UPCC monies, but the funding agreement has ended.
NB Medical Education: Organisational subscription	New	Subscription to medical education resource	<ul style="list-style-type: none"> <li>Continued professional development</li> <li>Keeping abreast of latest clinical updates</li> <li>Foster the provision of best medical practice through education</li> </ul>	A Healthier Wales / Population Health	Community Infrastructure – Primary Care Model for Wales	2023-24 underspend = £2,730  2024-25 = £8,190	Cluster	New	