

Youth Consultation

Background:

The Cardiff and Vale Area Planning Board are currently rethinking and redesigning how drugs and alcohol services are delivered.

They're seeking young people's views to make sure that what is designed will work for them.

The aim of this consultation is to build an understanding of:

1. Where would young people currently go for help if they needed it?
2. What might motivate/prevent a young person to seek help?
3. What would young people want from an 'ideal' drugs and alcohol service? What characteristics would this service have?

Notes to facilitators:

We'd like to hear from young people up to the age of 25 in Cardiff and the Vale.

These questions can be used with groups or individuals.

There are 3 main questions. The questions below the bold questions are different ways that the question can be asked to tease out further information.

Please do not record real names or personal information that could identify them.

Please return feedback to eleri.probert@wales.nhs.uk.

If you have any questions please contact Arielle Tye on:
arielle@promo.cymru 02920 462 222/07989 743987

Questions

Please briefly describe the group:

How many young people?

What are their ages?

- 1. Where would young people currently go for help if they needed it?**
 - If you needed to get some help or advice about drugs and alcohol, where would you go? What would you do?

2. What might motivate/prevent a young person to seek help?

- What sort of things do you think people your age may need help with (when it comes to drugs and alcohol)?
- Can you think of a situation where you or someone you know may need to get help?
- What would stop you/prevent from going for help?

**3. What would young people want from an 'ideal' drugs and alcohol service?
What characteristics would this service have?**

- Put yourself in a situation where you or someone you know needs help. In an ideal world, what sort of service would you like to access?
- How would you access it? (Phone, text, face to face, facetime..)
- What would it be called?
- Where would it be based? (school, youth club, doctors..)
- What would make it a good service?