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NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board



Tommos Martin, Business Administration Apprentice

Medical Education



I was given an amazing opportunity at the start of 2020 to start my career in the NHS as a Business Administration Apprentice within the Department of Medical Education at Cardiff & Vale UHB. It was during a global pandemic and this has forced me to quickly develop my understanding of the role, to learn skills to overcome problems adapt to change and to abide by national and local guidelines.

The Apprentice role has allowed me insight into the NHS as an organisation with clear support and encouragement from my Team and this has helped me to develop my confidence and skills by receiving on the job training and positive feedback from colleagues in my Team. The role has started my career within the NHS by training me to the standards that are required within the organisation and by setting personal targets such as the NVQ Level 2 Business Administration that I have completed within my 12 month post. This will allow me to further my development within the NHS and I now hope to strive for a NVQ Level 3.

