

Bereavement support

(Updated 11/02/2021)

A Selection of Support / Information / Telephone Numbers and Websites

Bereavement Advisory Centre www.bereavementadvice.org	Advice when someone dies	Tel: 0800 634 9494
British Heart Foundation https://www.bhf.org.uk/information/support/support/emotional-support-and-wellbeing/bereavement	Advice and support on bereavement	Tel: 0300 330 3311
Citizens Advice Bureau www.citizensadvice.org.uk	Advice Line on benefits/ financial support etc	Tel: 0800 702 2020
Compassionate Friends www.compassionatefriends.org	Bereaved parents offering support for child of any age	Tel: 0345 123 2304
Cruse Bereavement Care www.cruse.org.uk	Promoting the wellbeing of bereaved people	Tel: 0808 808 1677
Dewis Cymru https://www.dewis.wales/bereavement	Practical advice and information following a death	Online only
Downs heart group https://dhg.org.uk/information/about-grief/	Support following grief following a death of a person with down's syndrome	Tel: 0300 102 1644
ISSA (Ihsaan Social Support Association) (facebook support group)	Support services for BME community	Tel: 029 2034 5294
Government -(Local council support) https://www.gov.uk/find-bereavement-services-from-council	Input postcode and finds bereavement services from your local council	Online only
Government Guide following bereavement https://www.gov.uk/when-someone-dies	Step by step guidance on what to do following a death	Online only
Little Hearts Matter https://www.lhm.org.uk/seeking-support/bereavement-support/	Bereavement support for families of a person with single	Tel: 0121 455 8982

	ventricle heart condition	
Marie Curie https://www.mariecurie.org.uk/help/support	Information and support for terminal illness and bereavement	Tel: 0800 090 2309
Muslim Community Helpline https://muslimcommunityhelpline.org.uk/	A confidential listening service, practical help and information	Tel: 020 8904 8193
NHS Bereavement services https://www.nhs.uk/service-search/other-services/Bereavement%20support/LocationSearch/314	Input postcode and finds local bereavement services	Online only
Samaritans www.samaritans.org.uk	A confidential helpline 24 hours a day	Tel: 116 123
Survivors of Bereavement by Suicide www.uk-sobs.org.uk	Survivors of Bereavement by Suicide	Tel: 0300 111 5065
The Somerville Foundation https://thesf.org.uk/help-advice/emotional-mental-health/bereavement-2/	ACHD specific support and information on bereavement	Tel: 0300 015 1998
WAY Widowed and Young www.widowedandyoung.org.uk	Widowed and young- for people under the age of 50	Online only
Welsh Widows www.welshwidows.co.uk	A support for widowed men and women of any age	Tel: 0774 954 2858
Winston's Wish www.winstonswish.org.uk	A charity that offers information and support to bereaved children, young people and their families	Tel: 0808 8020021