

Freedom of Information Act 2000 – Request Reference FoI/24/282
Psychological Therapies

Information Requested:

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from October 2020 to April 2024.

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Please could you also provide any known protected characteristics for the patients involved in this data. This could include age, ethnicity and gender.

Response Details:

Please see the attached Excel document.

In respect of your request for known protected characteristics, Cardiff and Vale University Health Board (the UHB) believes that the information requested is classed as personal data as defined under the General Data Protection Regulation (GDPR) and Data Protection Act 2018. Its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing with regard to Articles 5, 6, and 9 of the GDPR. We are therefore withholding this detail under section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.