

1-week Menu September 2023 Lunch Maternity

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Main Course	Main Course	Main Course	Main Course	Main Course	Main Course	Main Course
Cottage pie	Creamy Chicken, Ham and leeks	Roast Chicken and Stuffing	Chicken in BBQ sauce	Battered Fish	Shepherd's Pie	Roast beef and Yorkshire Pudding
Glamorgan Sausage	Breaded Fish	Cheese and Onion Quiche served with salad	Corned Beef Hash	Pasta Bolognese served with a slice of Garlic Bread	Plain Omelette served with salad	Cheese and Potato Pie
Pork Balti served with a mini Naan	Jacket Potato Beans and Cheese	Fish Pie with Cheesy topping	Cheese Omelette served with side salad	Tuna Mayonnaise Salad	Chicken Kiev	Roast Pork and stuffing
Vegan pasta Bolognese served with Garlic Bread	Quorn cottage Pie		Vegetable Burger	Pasta in Tomato and Basil Sauce served with a slice of Garlic Bread	Cheese and Onion pasty	Vegan Sausage Casserole
Extras	Extras	Extras	Extras	Extras	Extras	Extras
Boiled Rice Chips	Boiled new potatoes	Roast Potatoes	Herby Diced Potatoes	Chips	Herby Diced Potatoes	Roast potato
Mashed Potato	Herby Diced Potatoes	Mashed Potato			Mashed Potato	Mashed Potato
Country Mixed Vegetables Side salad	Peas Baked Beans	Carrots Green Beans Side salad	Baked Beans Country Vegetables Side salad	Mushy Peas Side Salad	Side salad Broccoli and Cauliflower	Country mixed vegetables Baked Beans
Gravy	Gravy	Gravy			Gravy	
Desserts	Desserts	Desserts	Desserts	Desserts	Desserts	Desserts
Sticky Toffee Pudding and Custard	Apple and Rhubarb Crumble and custard	Jam Sponge and custard	Chocolate Chip Sponge and Custard	Rice Pudding	Chocolate and Cherry Sponge and Custard	Stewed Apple and Custard
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream

Also available for dessert each day- yogurts, fresh fruit, custard pots, rice pots, fruit pots, cheese and crackers.

1-week Menu September 2023 Supper Maternity

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Leek & Potato served with a bread roll or sandwich	Tomato soup served with a bread roll or sandwich	Leek and Potato served with a bread roll or sandwich	Tomato served with a bread roll or sandwich	Leek & Potato served with a bread roll or sandwich h	Tomato soup served with a bread roll or sandwich	Leek & Potato served with a bread roll or sandwich
Main Course	Main Course	Main Course	Main Course	Main Course	Main Course	Main Course
Beef Lasagne (Apetito) served with a slice of garlic bread	Mac n Cheese	Cheese and Potato Pie	Chilli Con Carne	Beef Casserole Cheese and Potato pie	Chicken & Spinach Tikka Masala with a mini naan	Ham or Cheese Ploughman's served with a bread roll pickle and salad garnish
Sausages in onion gravy	Steak Casserole	Roast Gammon served with Parsley Sauce	Cauliflower and Broccoli cheese bake	Jacket Potato with Coronation Chicken filling	Shepherd's Pasty	Beef Meatballs in Tomato Sauce
Pasta in Tomato and Basil Sauce served with a slice of Garlic Bread		Cheese and Potato Pie		Jacket Potato with Baked Beans and Cheese	Chickpea and spinach curry Mini Naan Bread	Jacket Potato with Baked Beans and Cheese
Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Salad of the Day	Jacket Potato
Tuna Mayonnaise	Ham/ Cheese and Coleslaw	Corned Beef	Cheese and Coleslaw	Ham/Cheese and Coleslaw	Tuna Mayonnaise	Chicken Tikka Filling
Extras	Extras	Extras	Extras	Extras	Extras	Extras
Mashed Potato		Boiled New Potatoes	Potato Wedges	Gravy	Mashed Potato	Potato Wedges
Chips	Herby Diced Potatoes	Chips		Mashed Potato	Boiled Rice	
Peas	Carrots	Green Beans	Peas	Country mixed Vegetables	Baked Beans	Peas/Sweetcorn
Cauliflower	Gravy	Baked Beans	Boiled Rice	Mixed salad	Gravy	
Gravy		Gravy		Baked Beans		
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Rice Pudding	Lemon Sponge and Custard	Apple Crumble and Custard	Eves Pudding and Custard	Mandarins & Cream	Apple & Blackberry Crumble & Custard	Red fruit crumble & Custard
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream

Also available for dessert each day- yogurts, fresh fruit, custard pots, rice pots, fruit pots, cheese and crackers.