

1-week Menu September 2023 Lunch CHFV

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>
Cottage pie	Creamy Chicken, Ham and leeks	Roast Chicken and Stuffing	Chicken in BBQ sauce	Battered Cod	Shepherd's Pie	Roast Chicken & Yorkshire Pudding
Glamorgan Sausage	Jumbo Fish Fingers	Vegetable Nuggets	Corned Beef Hash	Pasta Bolognese served with a slice of Garlic Bread	Macaroni Cheese	Cheese and Potato Pie
Roast Chicken	Jacket Potato Beans and Cheese	Fish Pie with Cheesy topping	Cheese Omelette	Vegetable Burger with Roll	Garlic Chicken Kiev	Sausages & Yorkshire Pudding
<b>Extras</b>	<b>Extras</b>	<b>Extras</b>	<b>Extras</b>	<b>Extras</b>	<b>Extras</b>	<b>Extras</b>
Roast Potatoes	Fresh mash	Roast Potatoes	Herby Diced Potatoes	Chips	Seasoned Potato Wedges	Roast potato
Fresh Mashed Pots	Mini Potato Waffles	Fresh Mashed Pots	Rice	Fresh Mashed Pots	Fresh Mashed Pots	Fresh Mashed Pots
Country Mixed Vegetables Spaghetti Hoops	Peas Baked Beans	Carrots Green Beans	Baked Beans Country Vegetables	Peas	Broccoli and Cauliflower Spaghetti Hoops	Country mixed vegetables Baked Beans
Gravy	Gravy	Gravy			Gravy	Gravy
<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>	<b>Desserts</b>
Sticky Toffee Pudding and Custard	Apple and Rhubarb Crumble and custard	Jam Sponge and custard	Chocolate Chip Sponge and Custard	Lemon Sponge And custard	Jam Sponge and custard	Stewed Apple and Custard
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream

Also available for dessert each day- jelly, yogurts, fresh fruit, custard pots, rice pots, fruit pots, cheese and crackers.

1-week Menu September 2023 Supper CHFV

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Main Course	Main Course	Main Course	Main Course	Main Course	Main Course	Main Course
Beef Lasagne (Apetito) served with a slice of garlic bread	Macaroni Cheese	Cheese and Potato pie	Sausage Rolls	Chicken Burger in a roll	Chicken & Spinach Tikka Masala with a mini naan	Jumbo Fish Fingers
Chicken Goujons	Beef burger with a roll	Beef Meatballs in Tomato Sauce	Glamorgan Sausage	Cheese and Potato Pie	Shepherd's Pasty	Chicken Nuggets
Cheese & Onion Pasty	Cheese and Tomato Pizza	Pasta in Tomato & Basil sauce with cheese topping	Jacket Potato & Cold ham, (Beans & Cheese optional)	Vegetable Nuggets	Quorn sausage	Pasta in Tomato & Basil sauce with cheese topping
Extras	Extras	Extras	Extras	Extras	Extras	Extras
Fresh Mashed Pots	Chips	Pasta	Potato Wedges	Chips	Fresh Mashed Pots	Potato Wedges
Mini Potato waffles	Fresh Mashed Pots	Herby Diced Potatoes	Fresh Mashed Pots	Fresh Mashed Pots	Boiled Rice	Fresh Mashed Pots
Peas	Country Mixed veg	Green Beans	Peas	Baby carrots	Baked Beans	Peas/Sweetcorn
Baked Beans	Spaghetti Hoops	Baked Beans	Baked beans	Spaghetti Hoops	Country mixed Vegetables	
Gravy		Gravy		Gravy	Gravy	
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Chocolate Chip Sponge and Custard	Lemon Sponge and Custard	Apple Crumble & Custard	Eves Pudding and Custard	Sticky Toffee Pudding and Custard	Apple &Blackberry Crumble & Custard	Peaches and Cream
Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream	Ice Cream

Also available for dessert each day- yogurts, fresh fruit, custard pots, rice pots, fruit pots, cheese and crackers.