Freedom of Information Act 2000 – Request Reference FoI/24/386
Obesity Guidelines

Information Requested:

Please find below a freedom of information request relating to local policies and guidelines for the treatment of obesity.

Question 1: Does Cardiff & Vale University Health Board have any local guidelines or polices for the treatment of obesity?	Yes/No
	If Yes, please provide a copy.

Question 2: Does Cardiff & Vale University Health Board have referral pathways for Tier 3 or Tier 4 weight management services?	Yes/No
	If Yes, please provide a copy.

Response Details:

Question 1

Yes – please see the attached and the below.

- NICE, Obesity: identification, assessment and management
- All Wales Weight Management Pathway 2021

Question 2

In Wales, we do not have 'tiers' for weight management. As part of the All Wales weight management pathway, we have 'levels', which are different. Cardiff and Vale University Health Board has Level 3 referral pathways, but Level 4 is not provided. Please nevertheless refer to the attached.