

Freedom of Information Act 2000 – Request Reference FoI/24/088
Prevalence of Postnatal Depression

1. How many Women were referred for treatment because of potentially suffering from postnatal depression (PND) since 2016 ?

In completing a search for the information requested, Cardiff and Vale University Health Board (the UHB) has confirmed that this information is not centrally recorded or collated. To retrieve the information requested would require a manual search through individual patient records and the UHB considers that this would exceed the limit set within Regulations for responding to a request. The UHB has therefore relied upon the section 12 exemption of the Freedom of Information Act 2000 ('Exemption where cost of compliance exceeds appropriate limit') and is refusing your request.

The UHB has estimated that to complete the work needed to respond to this request would exceed the time limit as set within Regulations to respond to a Freedom of Information Act request. Under the Act there is an allowance of two and a half days, or 18 hours, to comply with a request and the cost limit set within the Fees Regulations for this amount of work (18 hours) is £450 for the UHB. The Fees Regulations specify that the cost of complying with a request must be calculated at the rate of £25 per hour.

The UHB can confirm, however, that there have been 3,543 referrals since 2016 for Perinatal Mental Health services, of which 844 were postnatal, 2,570 were antenatal and 129 were preconception.

2. How many Women were diagnosed with postnatal depression (PND) since 2016 ?

The UHB believes the section 12 exemption to apply here and is therefore refusing your request.

3. How many Women that have been diagnosed with postnatal depression (PND) since 2016 were from a BAME background since 2016 ?

The UHB believes the section 12 exemption to apply here and is therefore refusing your request.

4. How many mental health specialists are there who treat people suffering from postnatal depression (PND) in the trust?

After seeking clarity from the requestor, it was confirmed that they sought information on the number of staff members who specialise specifically with postnatal depression.

The UHB believes the section 12 exemption to apply here and is therefore refusing your request.

In accordance with a public authority's duty to advise and assist under section 16 of the Act, the UHB can refer you to the following link, specifically pages 48–54: [Matrics Cymru Evidence Tables](#).

The UHB can also inform you that this particular request covers a broad range of potentially relevant individuals, for example, staff working exclusively with women with postnatal depression (PND) as well as

people with the broader therapeutic skills to work effectively with PND within the Matrics Cymru evidence tables.

5. How many Women diagnosed or referred for treatment of postnatal depression were classed as from socially deprived areas.

The UHB believes the section 12 exemption to apply here and is therefore refusing your request.