

Freedom of Information Act 2000 – Request Reference FoI/24/087
Myalgic Encephalomyelitis and Long Covid

Please can you let me know what is the process of receiving a diagnosis of ME/CFS if a patient is presenting with symptoms, and what further treatment and/or medication is available post-diagnosis?

There is no specific secondary care clinic for ME/CFS, but secondary care can be used to rule out other causes of chronic fatigue if required, depending on the symptoms presented by the patient. It is understood that this service sits within community care as most patients receive their diagnosis in primary care.

Also what is the process of receiving a diagnosis of Long Covid if a patient is presenting with symptoms, and what further treatment and/or medication is available post-diagnosis?

There are no specific clinics in the acute setting for Long Covid. The pathway for Long Covid sits within community care. If there is Long Covid suspected, patients have access to a community service and have access to the Long Covid digital application run by the Institute of Clinical Science and Technology. Should the community service require secondary care, they can refer the patient without resorting to requesting this from the GP.