

Freedom of Information Act 2000 - Request Reference FoI/23/491
Eating Disorder Discharges

This request relates to **outpatient/community patients discharged by your board who were being treated for an eating disorder** (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

- 1. Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**

This report includes clients discharged between 01/01/2018 and 31/12/2022 from the following teams:

- 'Eating Disorders' Team
- 'CYPF EW&MH' team, if they had a referral reason of 'CAMHS - EATING DISORDERS' or 'EATING DISORDERS'

	2018	2019	2020	2021	2022	Total
Total	118	148	152	183	274	875

- 2. Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your board with a BMI below 15 in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).**

Cardiff and Vale University Health board (the UHB) does not hold this information. To comply with our Section 16 obligation, the duty to provide advice and assistance, the UHB can advise that it does not routinely collect BMI measurements.

- 3. Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:**
- a) The number of patients that were discharged from a) a specialist community/outpatient eating disorder service if you have one, and b) general community/outpatient care.
 - b) The number of patients that were a) aged 18 and above, and b) aged below 18.
 - c) The number of patients who had a BMI of a) 14-14.99, b) 13-13.99, c) 12-12.99 and d) <12
 - d) The exact BMI of the patient discharged with the lowest BMI
 - e) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc. (If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)

Please see the UHB's response to question 2. However, under our Section 16 obligation, the UHB has been able to retrieve some information in respect of discharge destination. Please note, this information relates to all patients, not just those with a certain BMI measurement.

	2018	2019	2020	2021	2022
Not Recorded	7	6	*	22	32
NHS Hospital – General Ward	0	*	0	0	0
Patient Died/Stillbirth	0	*	0	0	*
Temporary Place of Residence	*	0	*	*	*
Usual Place of Residence	113	140	146	161	240
Vale CMHT	0	0	0	0	*

Please note that Section 40 of the Freedom of Information Act 2000 has been applied where information in the above table has been replaced with an asterisk. The UHB will not provide these exact numbers due to the low numbers of individuals involved (5 or less). The UHB believes there is a potential risk of individuals being able to be identified, when considered with other information already available within the public domain, if this was disclosed. Therefore, the data is classed as personal data as defined under the General Data Protection Regulation (GDPR) and Data Protection Act 2018 and its disclosure would be contrary to the data protection principles and constitute unfair and unlawful processing in regard to Articles 5, 6, and 9 of GDPR. We are therefore withholding this detail under Section 40(2) of the Freedom of Information Act 2000. This exemption is absolute and therefore there is no requirement to apply the public interest test.

4. Please provide any internal board documents relating to the treatment of patients with a 'Longstanding Eating disorder' or 'Severe and Enduring Eating disorder' or 'Severe and Enduring Anorexia Nervosa' (otherwise known as 'L-ED' / 'SEED' / SE-AN) in inpatient and outpatients settings. Question 4 relates to documents such as guidance, policies, pathways, procedures etc.

Children, Young People & Family Health Services currently do not hold any such documents. However, as per our duty to advise and assist, you may find the following link of use:

<https://cavyoungwellbeing.wales/young-people/emotional-wellbeing-mental-health/our-services/#service-ED>

The Adult Mental Health Services currently do not have any separate pathway or any documents for treatment of patients with a longstanding eating disorder, severe and enduring eating disorder or severe and enduring anorexia nervosa. It can confirm that it is currently working on its own pathway.