

Freedom of Information Act 2000 - Request Reference FoI/23/272

Obesity

Information Requested:

I am requesting this information under the Freedom of Information Act 2000.

Could you tell me all of the services you offer, preferably in list form, to treat obesity and binge eating in adults. Please include services which you do not provide directly but which you refer elsewhere.

Response Details

Cardiff and Vale University Health Board (the UHB) can advise the following;

- Eating disorder services at tier 2 and tier 3
- Foodwise for life group education weight management (level 1 of all wales weight management pathway)
- Foodwise in pregnancy
- Maternal obesity services
- Level 2 weight management service, dietetic led with support of psychologists. Offers 1:1 and group interventions
- Oviva online weight management service (level 2)
- Level 3 multidisciplinary weight management service