

Freedom of Information Act 2000 - Request Reference FoI/23/242

Physiotherapy

Information Requested:

I am requesting this information under the Freedom of Information Act 2000.

Request 1: Please confirm how many whole time equivalent (WTE) physiotherapists, technicians and assistants, by Agenda for Change (AfC) band, were employed by Cardiff & Vale University Health Board (children & young people's services and adult services) on the 31st of March 2023.

This should include any generic assistant or technical instructor posts that support physiotherapy service provision. Also, please note that physiotherapy staff work in a range of clinical settings. The answer to this request must also capture physiotherapy staff not directly line-managed by the head of physiotherapy services eg occupational health, community resource teams (CRTs).

Staff Group	Payband	WTE Staff in Post	WTE Vacancies
Allied Health Professionals	Band 8c	1	
	Band 8b	5.13	
	Band 8a	28.32	0.2
	Band 7	101.92	2
	Band 6	129.84	15.79
Additional Clinical Services	Band 5	60.80	3
	Band 5	1	
	Band 4	28.13	1
	Band 3	46.02	7.2
	Band 2	8.02	

The following posts are Physios in AHP Lead roles

0.2 wte 8b Stroke (national)

1.0 wte 8b & 1.0 wte 8a Major Trauma

1.0 wte 8b Consultant in Critical Care

1.0 wte 8a Community Neurorehabilitation Service

0.2 wte 8a Orthopaedics (interim)

0.8 wte 8a Paeds (interim)

1.0 wte Band 7 Team Lead for Rehab Coaches, Specialist Rehabilitation

0.5 wte Band 7 Team Lead for Rehab Coaches, Stroke Rehabilitation Centre

Request 2: Please confirm how many whole time equivalent (WTE) physiotherapist, technician and assistant vacancies were held in Cardiff & Vale University Health Board as of 31st of March 2023. The

answer should identify the number of registered physiotherapists and the number of unregistered support staff as separate figures. Do not include admin and clerical.

See table in Request 1

Request 3: Please confirm or deny if Cardiff & Vale University Health Board has had any periods of time within the last 12 months to the 31st of March 2023 where recruitment to posts has been delayed? If confirmed, please provide reasons (short narrative) for the delay.

Recruitment to posts has not been delayed

Request 4: Please confirm or deny whether there have been any physiotherapy service developments in Cardiff & Vale University Health Board during the last financial year (April 2022 to end of March 2023).

If confirmed:

Please provide details of the developments.

Please confirm or deny whether these were supported by additional resources.

Vale CRS

VCRS currently run a falls prevention programme called stay steady once a month, this is a self-referral service. It involves triaging patients who refer to the service, re-direct referrals if inappropriate and also book and review patients in and after clinic. We currently run this with no additional resources.

VCRS also run a falls response service for service users who are within our service. This involves completing the 'I stumble' tool to identify service users who have had a non-injurious fall and are medically suitable to assist from the floor. We currently run this with no additional resources.

We have a pathway recently established with Telecare Vale who have commissioned St John's ambulance to provide a falls pick up service. We receive referrals directly from them and respond appropriately with the aim to prevent a further fall. We currently run this with no additional resources.

Cardiff CRT

1. Team Around the Individual (TATI)

Ongoing development of TATI Therapy posts supporting patients with dementia at Locality level - 1 WTE B6 Physio funding for Cardiff CRT (community resource teams) This post has changed from a rotational post to a static core CRT Band 6 post in the last year

2. Integrated Discharge Hub and Single Point of Access (IDH/SPA)

Development of nursing and therapy posts to support the SPA/IDH service. Funding for 1 WTE B6 Physio from IDH funding to support the IDH service currently being supported rotationally by CRT therapists.

3. Residential Reablement Unit (RRU)

20 bedded residential reablement unit to facilitate hospital discharge and reduce care needs. 2 WTE B6 Physio and 1 WTE Rehabilitation assistant funded by ICF. The 2 WTE are filled by 1.2 WTE due to difficulties employing a locum for this service.

4. Stay Steady Clinics

Continued development of virtual and re-start of face to face community stay steady falls clinics in last financial year. No funding for this service, funding ended in 2020. Clinics are now running in the Vale. Spread and Scale work ongoing for remodelling of this service.

Physiotherapy Service

Service Development	Funding
Physiotherapists have been working in collaboration with AHP colleagues to further develop the C&VUHB Rehabilitation Model. This work included evaluation of our Live Well Programme for Long Term Conditions, Long Covid services, ongoing development of the Keeping Me Well Website & establishing a coproduction forum. This programme of work has been recognised: United Kingdom AHA awards 2023 winner of the Welsh Government Award for Value based care: making the best use of resources to maximise outcomes. AHA Awards Cymru 2022 Cardiff and Vale Rehabilitation Model winner of Award for Excellence in Rehabilitation and overall winner	Adferiad Funding
Accelerated Cluster Development: Physiotherapists are key stakeholders in the AHP Collaborative and have lead and deputy lead cluster representative roles.	0
Covid Recovery: 7-day acute medical ward service – Right bed first time	Recovery Funding: 1.7 wte band 6 2.0 wte band 5
Covid Recovery: 7 day frailty service to Trauma wards at UHL – hip fracture pathway focus	Recovery Funding: 1.0 wte band 7 1.0 wte band 5 3 wte band 3 rehab techs
Planned Care PESU – therapy enhancement to protected elective surgery	Recovery Funding: 1 band 6
Meeting Welsh Government waiting time target for therapeutic and diagnostics, with no patients waiting longer than 14 weeks Physiotherapy waiting list	Recovery Funding: 4 WTE Band 5
Digital Cardiac Rehab – align service to key recommendation of NACR report 2019/20	Recovery Funding: 0.6 wte band 6 0.5 wte band 4 physio tech
Living Well – ESCAPE pain co-delivered by Leisure and non-registered staff providing sustainable exit strategy	Recovery funding: 5.5 wte Band 4 Rehabilitation Coaches
An electronic patient records system has been established in	0

outpatients with the roll out of PARIS	
A co-located podiatry and physiotherapy clinic has been developed in CRI	0
A secondary care shoulder interface clinic has been developed to enhance timely decision making around complex and urgent surgical interventional needs	0
In collaboration with radiology the MSK primary care imaging pathway was redesigned, resulting in significant reductions in MSK radiology demand and waiting times	0
Bevan funding for a year to provide paediatric physiotherapy led orthopaedic clinics in the community – care closer to home principles. This funding has been extended by the UHB for 1 year due to the impact it has had on the waiting list.	1.0 wte Band 8a
The Pelvic Health team have developed keeping well in pregnancy educational sessions.	0
Lymphodema has seen the introduction of a new network pathway which has a virtual first model and collection of LymPROM	0
Establishment of multidisciplinary Acute Oncology Service	1.0 wte Band 7
Project to review early mobilisation of post thrombosis stroke patients which has led to development of a Standard Operation Procedure that will ensure patient safety and timely discharge from hospital.	0
A second physiotherapy botulinum toxin injector has been trained to masters level to assist in management of the stroke spasticity population.	
A collaboration between SRC MDT, Cardiff Met design team and Stroke Hub Wales was initiated by the physio team and has resulted in improved and appropriately designed patient/career/rehab space.	
WHSSC funding secured for 11 rehab coaches and a Band 7 team lead to be employed across spines and brain injury rehabilitation to provide goal orientated care over 7 days.	1.0 WTE Band 7 AHP (physiotherapist in role)
New specialist PDOC service in place (phase one) with second business case agreed in principle to uplift staff towards BSRM	No funding allocated to physio in Phase 1

standards so that post discharge follow up and acute in reach to other health boards can occur. Successfully ran first 'Specialist MDT management of PDOC' virtual course to interested parties in both England and Wales.	and AHP lead is an Occupational Therapist but physiotherapy service contributed to the business cases and are supporting the PDOC service
The Multi-Professional Rehabilitation Assistant service within Stroke has demonstrated improvement in the amount of therapy delivered, therapy groups run on the ward and shown improvements in patients' quality of life score following the secondment of a 0.5 WTE band 7 service manager and this has now received permanent funding.	0.5 wte Band 7
The Blood & Marrow Transplant physiotherapy team have secured a permanent Band 6 to allow the MDT to continue providing pre-hab service to all BMT patients. The physiotherapy team won first prize at BSBMTCT conference in London, presenting their first years' data for the prehab model. A poster was also presented in PARIS at EBMT.	1.0 wte Band 6
Implementation of multidisciplinary patient records for neuro rehabilitation	0

Request 5: Please confirm or deny if there have been any discontinued posts and/or services in the last year (April 2022 to end of March 2023). If confirmed, please provide details.

VCRS - no discontinued posts

Cardiff CRT - No discontinued posts in Physio but we have discontinued 2 WTE Band 3 community support worker posts in 22/23 to CRP.

Physiotherapy Services – No discontinued posts

Physiotherapy initiated a review of the effectiveness of a physiotherapy led wound service delivered by the Pelvic Health physiotherapy team and in collaboration with the Women's and Children clinical board, the service was discontinued in its current form and new pathways developed with the consultant midwives has improved improve pathways for patients with wounds post-partum.

Request 6: Please confirm or deny if there has been any increase or decrease in demand for physiotherapy services in the last year (April 2022 to end if March 2023). If confirmed, please provide details.

VCRS

There has been an increase in demand for Physio.

The 'number of new individuals' visited during 2022/2023 was 1,458.

The 'number of new individuals' visited during 2022/2023 was a 4.1% increase on visits during 2021/2022.

The 'number of new individuals' visited in 2022/2023 is higher than the number of visits made both during the pandemic and pre-pandemic.

Cardiff CRT

No significant change in demand in 2022-2023 compared to the previous year.

Physiotherapy Services

Inpatients:

Year	New Referrals
2018-2019	23,859
2020-2021	17,474
2021-2022	20,028
2022-2023	18,155

Outpatients:

	Outpatient Physiotherapy Referrals
2021/22	40098
2022/23	41246
Change in demand	3%

As part of these figures, there was an 18% increase for 22/23 in referrals into pelvic health (20/21 - 2015, 21/22 - 2709, 22/23 - 3321) and this is despite closing the wound service this in 22/23.

Paediatrics

Special school growth - places have increased by over 300 in YYD and 260 in TG over the last two years with this year numbers expecting to double with expansion and new builds on both sites.

MSK referrals - Have more than doubled since COVID.

Community referrals are up by approximately 25% but growing demand for long-covid which not funded for.

The significant increase in demand for respiratory physiotherapy in the CHF, PICCU has been extremely busy which has meant more children are ventilated than funded beds. Growing complexities and challenges over end-of-life pathways have meant the demand on the emergency weekend and on-call service has been significant.

Request 7: Please provide details of the level of budget increase or reduction made by the physiotherapy service in Cardiff & Vale University Health Board in the last financial year (April 2022 to end of March 2023) and what this is as a percentage of the physiotherapy budget.

Physiotherapy Services

£396,614 increase in budget which equated to a 3.62% increase. This is shown below:

	£
CRP	(121,391)
TRAK (K. Button)	19,418

Vascular Centralisation	178,268
Relocation of Specialist Services	24,042
Lymphatic Venous Anastomosis Post	8,491
Cellulitis Specialist Nurse	37,328
Additional annual leave	21,145
Winter 50 beds	32,635
Climate Emergency National Programme	22,178
MS Business Case	27,708
Medical Equipment purchases	4,684
IBD BC	23,911
MTC Lead	(19,658)
Critical Care investment	55,288
Prehab to Rehab	63,448
Living Well SPPC	3,000
CMATS A & C	16,119
	<u>396,614</u>

Cardiff CRT - 20.66% increase since the year previous.

Request 8: Please provide details of projected % budgetary savings to be made for this financial year (April 2022 to end of March 2023).

Physiotherapy Services 1% for 2023/24

Request 9: Please provide details of spend on agency/locum staff in the last year April 2022 to end of March 2023.

Physiotherapy Services £102,578

Cardiff CRT £41,392