

Freedom of Information Act 2000 - Request Reference FoI/23/130
Restrictive Practice

Information Requested:

Restrictive practices in mental health inpatient settings

This request is in relation to recorded instances of restrictive practices within mental health inpatient settings managed by your Local Health Board. We recognise that restrictive practices may be recorded in a number of ways. This request relates exclusively to electronically recorded instances of restrictive practices, for example, those recorded within the Datix electronic records management system.

Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings for the financial years 2017-18, 2018-19, 2019-20, 2020-21 & 2021-22:

a. The total number of recorded instances of restrictive practices.

Mental Health Inpatient safehold Incidents by Location and Incident date (Year)

	2017	2018	2019	2020	2021	2022	Total
Alder Ward/Ward Gwern	64	221	138	169	191	57	840
Ash Ward/Ward Onnen	47	74	50	33	14	1	219
Beech Ward/Ward Ffawydd	27	58	52	48	81	9	275
Cedar Ward/Ward Cedrwydd	35	88	120	154	175	39	611
Cefn-Onn Ward	1	0	0	0	0	0	1
Coed-y-Felin Ward	13	0	0	0	0	0	13
Coed-y-Nant Ward	6	0	0	0	0	0	6
Daffodil Ward	3	8	5	17	20	0	53
Elm Ward/Ward Llwyfen	16	29	22	22	7	0	96
Hazel Ward/Ward Collen	5	15	8	17	14	4	63
Maple Ward/Ward Masarn	9	18	32	13	22	2	96
Meadow Ward	2	10	5	5	0	0	22
Oak Ward/Ward Derw	21	42	26	47	35	3	174
Pine Ward/Ward Pinwydd	1	5	1	21	5	0	33
St Baruc Ward	23	70	28	21	17	7	166
Ward East 10	53	85	89	38	11	3	279
Ward East 12	33	18	22	93	81	12	259
Ward East 14	6	19	10	36	13	2	86
Ward East 16	12	21	4	35	50	0	122
Ward East 18	69	135	66	14	44	2	330
Willow Ward/Ward Helyg	29	50	58	99	96	7	339
Not applicable	0	1	2	7	1	0	11
Total	475	967	738	889	877	148	4094

b. The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);

In completing a search for the information requested, Cardiff and Vale University Health Board (the UHB) has confirmed that this information is not centrally recorded or collated. To retrieve the information requested would require a manual search through individual patient records and the UHB considers that this would exceed the limit set within regulations for responding to a request. The UHB has therefore relied upon the Section 12 exemption ('Exemption where cost of compliance exceeds appropriate limit') of the Freedom of Information Act 2000 and is refusing your request.

The UHB has estimated that to complete the work needed to respond to this request would exceed the time limit as set within regulations to respond to a Freedom of Information Act request. Under the Act there is an allowance of two and a half days, or 18 hours, to comply with a request and the cost limit set within the fees' regulations for this amount of work (18 hours) is £450 for the UHB. The fees regulations specify that the cost of complying with a request must be calculated at the rate of £25 per hour.

Please also note that Seclusion facilities do not exist within Cardiff and Vale mental health inpatient facilities.

c. If physical restraint was used, was the individual restrained in a prone or supine position;

Prone restraint is not condoned practice in Cardiff and Vale and is not used.

d. The reason(s) for the use of restrictive practice;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

e. Where (e.g. which ward) and when the restrictive practice was used;

Please see the above table.

f. The length of the restrictive practice;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

g. The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

h. The protected characteristics of the individual, including age, gender, sex, disability, (broken down by impairment type, and ethnicity);

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

i. The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

j. The individual's involvement in the review;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

k. A record to confirm that the relevant family members and carers have been informed and when this happened;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

l. Incidents of the use of mechanical restraint;

The UHB believes that Section 12 applies here, please see the exemption set out in response to question b.

m. Incidents of seclusion.

Seclusion facilities do not exist within Cardiff and Vale mental health inpatient facilities.