

Freedom of Information Act 2000 - Request Reference FoI/23/316

Talking Therapies

Information Requested:

1. In each of the following financial years, how many adults with known drug and/or alcohol issues or dependence were referred to your psychological talking therapies service by a GP?

If data for the number referred 'by a GP' is not available, please provide the number referred from primary care.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

2. How many of those in question 1 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

3. In each of the following financial years, how many adults were referred to your psychological talking therapies service by drug and alcohol services?

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

4. How many of those in question 3 were a) accepted and b) declined for support from your psychological talking therapies service? Please break the information down by the following financial years.

- i) 2018-19
- ii) 2019-20
- iii) 2020-21
- iv) 2021-22
- v) 2022-23
- vi) 2018-19 to 2022-23 inclusive, as a total across the five financial years

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

Response details:

In completing a search for the information requested, Cardiff and Vale University Health Board (the UHB) has confirmed that this information is not centrally recorded or collated. To retrieve the information requested would require a manual search through individual records and the UHB considers that this would exceed the limit set within regulations for responding to a request. The UHB has therefore relied upon the Section 12 exemption ('Exemption where cost of compliance exceeds appropriate limit') of the Freedom of Information Act 2000 and is refusing your request.

The UHB has estimated that to complete the work needed to respond to this request would exceed the time limit as set within regulations to respond to a Freedom of Information Act request. Under the Act there is an allowance of two and a half days, or 18 hours, to comply with a request and the cost limit set within the fees' regulations for this amount of work (18 hours) is £450 for the UHB. The fees regulations specify that the cost of complying with a request must be calculated at the rate of £25 per hour.

Under Section 16 of the FOIA, which provides us with the duty to advise and assist, the UHB can advise that NHS Wales tends to refer to Matrics compliant therapies rather than talking therapies which could include a vast range of service providers.

You may find the following link of use to you: phw.nhs.wales/services-and-teams/improvement-cymru/our-work/mental-health/psychological-therapies/resources-psychological-therapies/matrics-cymru-guidance-for-delivering-evidence-based-psychological-therapies-in-wales/