

**Freedom of Information Act 2000 - Request Reference FoI/23/105**

**Migraine**

**Section 1: Commissioning and care planning**

- 1. Within the past year, have you reviewed or found opportunities for improvement in pathways and care for headache and migraine?**

No.

- a. If yes, what did this review find?**

Not applicable.

- b. If no, what has prevented this so far?**

No capacity in job plans to conduct this review at this time.

- c. Do you have any plans to implement the findings of the optimum clinical pathway for adults for Headache & facial pain published by the National Neurosciences Advisory Group (NNAG) in February 2023?**

No capacity at present.

- 2. Have you reviewed the migraine needs of your local population (e.g. numbers of people living with migraine who are diagnosed and not yet diagnosed) and planned services to meet these needs (e.g. by offering opportunities for training in migraine management to GPs, as well as adequate access to secondary and tertiary specialists)?**

No.

- a. If not, are there plans to do so?**

No capacity in job plans to conduct this review at this time

- 3. Do you plan to appoint a Migraine/Headache Lead in your area (e.g. to coordinate migraine care, share guidelines among colleagues, or lead needs assessments, service development and health care professional education across the area)?**

No capacity at present.

- a. If not, are there alternative arrangements in place to coordinate migraine care?**

Lead in post from within the UHB's existing consultant body

**Section 2: Specialist headache clinics**

- 4. Do you have a specialist headache clinic in your Board area?**

- a. If yes, please give details.**

Yes – weekly clinic

**b. If no, please give details of the clinic you would refer out to.**

Not applicable.

**5. How many people did you support through your specialist headache clinics in 2021?**

90 new, 561 follow ups

**6. How many people did you support through your specialist headache clinics in 2022?**

97 new, 666 follow ups

**7. What is the average waiting time from GP referral to first appointment at the specialist headache clinics in your Board area (current or for when you last had data)?**

50 weeks routine, 36 weeks urgent

**8. How many full time equivalent (FTE) headache specialist doctors are employed by your Board area (in secondary care or GPs with an extended role)?**

0.5 WTE allocated from job plans

**9. How many FTE headache specialist nurses are employed by your Board area?**

0

**10. Do you have plans in 2023/24 to increase headache specialist services?**

**a. If yes, please give details.**

The UHB are looking at options to fund a specialist nurse

### **Section 3: Access to Calcitonin Gene-Related Peptide (CGRP) medication**

**11. Can eligible patients currently access Calcitonin Gene-Related Peptide (CGRP) medications through your Board area?**

Yes

**a. If yes, how many people are accessing CGRP medication through your Board area?**

>100

**b. If yes, which of the following CGRP medications can they access: Ajoovy/fremanezumab, Emgality/galcanezumab, Vyepti/eptinezumab, or Aimovig/erenumab.**

All

**c. If yes, what is the current waiting time to access a prescribing specialist?**

50 weeks routine, 26 weeks urgent.

**d. If yes, is the administration of CGRP treatments monitored by a headache specialist?**

Yes

**e. If yes, is the administration of CGRP treatments subject to any additional restrictions or criteria?**

No

**f. If no, do you refer and fund it out of area? Please give details.**

Not applicable.

#### **Section 4: Training**

**12. Do you have any education or training programmes with GPs or pharmacists in your area on migraine? (E.g. regarding GP/pharmacy education, patient management in the community, patient information or referral pathways)**

Yes

**a. If yes, or if any are planned, please give details.**

Teaching sessions given to GPs

**b. If no, please explain any reasons (e.g. budgets / other priorities / other organisations' responsibility).**

Not applicable.

#### **Section 5: Inequalities**

**13. Are you aware of local inequalities of access to headache specialist services amongst any groups (e.g. by gender, ethnicity, disability, socio-economic groups)?**

No

**a. If yes, please give details of the inequalities and any work you are doing or planning to address this.**

Not applicable.