

Freedom of Information Act 2000 – Request Reference FoI/23/664
Adult Insomnia Treatment

Information Requested:

Question 1

Does Cardiff & Vale University Health Board have any local treatment guidelines, pathways or protocols for treatment of insomnia in adult patients?	Yes/No
	If Yes, please provide a copy.

Response Details:

Cardiff and Vale University Health Board (the UHB) does not hold this information. However, in accordance with a public authority's obligation to advise and assist under section 16 of the Freedom of Information Act 2000, the UHB can inform you that the treatment pathway for anxiety includes interventions for insomnia.