

Freedom of Information Act 2000 - Request Reference Fol/22/227

Adult ADHD Diagnosis

Information Requested:

What are the criteria used to evaluate if someone is accepted for investigation into an ADHD diagnosis as an adult?

Please provide the official medical diagnostic tool that is used as a screener e.g. DSM-5, ASRS-V1.1, etc

Response details:

- Official diagnostic criteria used in the NHS are currently ICD-10, but we will shortly change over to ICD-11. Both are available through the World Health Organisation webpages. However, there is significant overlap with DSM-5 and some clinical tools code to these criteria.
- An often-used clinical tool is DIVA; the latest version is DIVA-5 and it codes to DSM-5.
- ASRS may be used by local services for screening, but not universally
- Many staff will have had specific training through UKAAN on the above tools

Please note, a diagnosis of ADHD is largely a clinical one, and should not be based solely on clinical tools, as helpful as they may be.

