

Freedom of Information Act 2000 - Request Reference Fol/22/217

Tier 3 & 4 Weight Management

Information Requested:

Dear Cardiff and Vale University Health Board, I would be grateful if you could answer a few questions about your Tier 3 and Tier 4 specialist weight management (obesity-related) services,

1. Do you have a Tier 3 specialist weight management service for obesity, with multi-disciplinary input?

Yes, Cardiff and Vale University Health Board (the UHB) have adult and paediatric tier 3 services that are multi-disciplinary including medical, nursing, dietetic, psychology, physiotherapy and occupational therapy.

2. How many patients have been referred to this service in the past year?

- The paediatric service was new in 2021 and the adult service transferred to an electronic system in sept 2021 so full year data is not available. For Adult and Paeds the UHB offer integrated services across levels
- For paediatrics 264 referrals have been received in last 12 months but this includes a small level 2 component
- For adults in the past 12 months there have been 128 referred specifically for level 3.

3. What medications are prescribed as part of this service? Specifically, are Orlistat (Xenical) and Saxenda (Liraglutide) prescribed? Or Wegovy (semaglutide) used for obesity management?

Yes, all licensed medications are available to be prescribed in line with the current NICE technology appraisal or guidance. At the time of writing the final appraisal for Wegovy is awaited.

4. Do you have a Tier 4 weight management service (i.e. weight-loss surgery)?

The UHB does not hold this information. Under Section 16 of the FOIA, which provides us with the duty to advise and assist, the UHB can inform you that Tier 4 cases are referred to the regional service managed at Swansea.

5. How many bariatric surgeries have been conducted in the past year?

Not applicable. Please see response to question 4.

6. Is there an obesity care pathway for referral and if yes, can this be shared?

The UHB are open to both professional and self-referrals and all referrals come to the dietetic service for triage and directed to the most appropriate service.

