

Freedom of Information Act 2000 - Request Reference Fol/22/270

Home Sleep Studies

Information Requested:

- 1. How many Obstructive Sleep Apnoea home sleep studies do you perform per week? (approx.)**

36

- 2. In your Sleep and Respiratory Services which diagnostic methods (not brand) do you routinely use (first-line) for the diagnosis of Obstructive Sleep Apnoea? (e.g. Polysomnography, polygraphy, Oximetry) (Could be multiple choice)**

Oximetry and Limited Polysomnography

- 3. For the diagnosis of Obstructive Sleep Apnoea, which manufacturer's technology do you use? (e.g. ResMed, Nox, Nonin, Watch PAT Itamar) (Could be multiple choice)**

Nox

Nonin

- 4. For sleep apnoea home sleep studies, how do you most commonly provide diagnostic equipment to patients? (e.g. Patient collects, courier, combination)**

Cardiff and Vale University Health Board (the UHB) run an outdoor drive through service whereby the patient collects and then returns to the Department, alternatively the patient or representative can pick up from the clinic

- 5. In your service, please indicate the approximate percentage (%) of new patients who are setup with a CPAP device via:**

The UHB conduct a telephone consultation first to discuss diagnosis and therapy. They are then booked an appointment to collect their machine from the drive through with step by step instructions but are fitted with a mask by a psysiologist during the collection appointment.

Face to face setup (patient in hospital)	25%
Virtual telephone/video call setup (patient at home)	75%
Self-guided, using instructions provided with the device (patient at home)	as above
Via third party service provider	%
Other (please state)	%

6. During the first 90 days of CPAP therapy, on average how many times do you proactively follow-up with patients to support them?

Usually at 2 weeks and then either a month/6 weeks or 3 months.

7. How do you most commonly distribute CPAP consumables and accessories (masks, tubing etc.) to patients? (e.g. Patient collects, post)

Patient collects from the clinic or via post/courier