

**Freedom of Information Act 2000 - Request Reference FoI/22/371**  
**Restrictive Practice**

**Information Requested:**

**Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings:**

- 1. Do you record each of the following pieces of information about uses of restrictive practice (please provide an answer for each item individually):**
  - a. The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);**

Yes, for Physical restrictive practice. This is held on the Electronic Patient Record and Datix.

- b. If physical restraint was used, was the individual restrained in a prone or supine position,**

Not applicable as only supine.

- c. The reason(s) for the use of restrictive practice;**

Yes, this is held on the Electronic Patient Record.

- d. Where (e.g. which ward) and when the restrictive practice was used;**

Yes, on both the Electronic records and Datix.

- e. The length of the restrictive practice;**

Yes, this is held on the Electronic Patient Record.

- f. The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;**

Yes, on both the Electronic Patient Records and Datix.

- g. The protected characteristics of the individual, including age, gender, sex, disability, broken down by impairment type, and ethnicity);**

Yes, this is held on the Electronic Patient Record.

- h. The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;**

Yes, this is held on Datix.

**i. The individual's involvement in the review;**

This is held on Datix in certain cases.

**j. A record to confirm that the relevant family members and carers have been informed and when this happened**

Yes, this is held on the Electronic Patient Record.

**2. What reports do you routinely produce about the use of restrictive practices in mental health inpatient settings and what information do these reports include?**

Time-lines are recorded during incidents which will feed back into the PBS process. Datix records are made following each incident. Health & Safety can draw further reports from these.