

**Freedom of Information Act 2000 - Request Reference FoI/22/355**

**Infant Skincare**

**Information Requested:**

- 1. What antenatal advice does the health board routinely give to mothers about infant skincare including the bathing of babies? Please let us know if you do not routinely give advice about this. If the advice differs between hospitals, please answer each question for each hospital.**

Antenatal advice surrounding infant skin care is not routinely offered by community midwives (CMW) during routine appointments. However, if a family wishes to sign up to the trust's a/n and birth session virtually then some information is available on eyes and cord care, plus the opportunity to watch an NHS video clip on bathing a new-born.



**CORD AND EYE CARE**

Day 1 Day 2 Day 5 Day 9 Day 12

The cord, once cut will start to dry. Keeping the cord dry and free from moisture will assist in the process. Please inform a midwife if the area is red, inflamed or has a odour as it could have become infected

When bathing a new-borns eyes, use clean cotton wool and cooled boiled water. Wipe from the inside to the outside and discard. Use a second wool pad to wipe a second time. Using the same piece can spread infection.

- 2. What postpartum advice does the health board routinely give to mothers about infant skincare including the bathing of babies?**

Postnatally, all families should be offered the chance to bath or have a bathing demonstration on the postnatal ward if they wish. During postnatal visits the CMW will offer skincare/ bathing information if asked or clinically indicated but not as routine.