

**Freedom of Information Act 2000 - Request Reference FoI/21/425**  
**ADHD Services for Adults**

**Request Details**

I would like to submit a FOI request for the following information concerning ADHD Services for Adults; if you require a time frame for this request to help retrieve the data, please use 2017 – current.

1. Does the Trust have a specialist ADHD service for adults? If yes, can you give details please?

Currently there is no specialist service for Adults with ADHD in Cardiff and the Vale.

2. Once a patient is referred to Adult ADHD services, what's the target time for them to be seen for their first assessment?

At present there are two potential routes for assessment; if a non-medical assessment is indicated in first instance this should be completed within 28 days.

If a medical appointment is required the target waiting time is 12 weeks. Referral numbers and waiting times for medical assessment varies greatly between the 6 Community teams and therefore waiting times also vary.

In 4 teams, medical assessment waiting times are between 3 and 9 weeks, in remaining 2 teams (Gabalfa and Links) waiting times are 46-62 weeks for ADHD assessment.

3. Once a patient is referred to Adult ADHD services, what's the average time they are on a waiting list before their first assessment?

As outlined in question 2 this varies greatly between teams, a mean average would be 19 weeks, however waiting times outlined in response to question 2 show the different average waiting times between CMHTs largely due to referral demand/workload.

4. Can you provide the three longest periods of time a patient spent on the waiting list before their first assessment and their gender please.

The longest current wait (on 4/10/2021) for first medical assessment for ADHD is 62 weeks this person is female, the next is 54 weeks & 52 weeks both are males.

5. How many patients are currently on the Adult ADHD services waiting list?

Currently there are 47 (Gabalfa) people awaiting ADHD assessment. There are 160 people on waiting lists for ADHD assessments across the Cardiff and Vale area.