

## Freedom of Information Act 2000 - Request Reference Fol/21/460

### Psychological Therapies Wait Times

#### **Request Details**

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from September 2020 to September 2021 inclusive?

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

#### **Response Details**

	Patients waiting up to and including 84 days (<= 11 weeks)	Patients waiting 85 days and over and up to and including 126 days (12-17 weeks)	Patients waiting 127 days and over and up to and including 182 days (18 - 25 weeks)	Patients waiting 183 days and over and up to and including 252 days (26 - 35 weeks)	Patients waiting 253 days and over and up to and including 364 days (36 - 51 weeks)	Patients waiting 365 days and over (>= 52 weeks)
Sep-20	522	126	102	120	123	99
Oct-20	538	100	122	99	142	73
Nov-20	532	75	99	81	134	80
Dec-20	539	94	72	88	118	82
Jan-21	423	107	91	75	89	81
Feb-21	457	85	87	80	95	81
Mar-21	503	84	83	84	92	100
Apr-21	431	68	80	83	94	106
May-21	444	101	58	67	96	86
Jun-21	326	110	83	65	88	93
Jul-21	331	110	110	71	88	107
Aug-21	274	78	116	85	84	106