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Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

**Freedom of Information Act 2000 - Request Reference FoI/21/497**  
**Monitoring Exercise**

**Information Requested:**

**1) Can I ask if you could please tell me when was the last monitoring exercise?**

Cardiff and Vale University Health Board (the UHB) can advise that the last exercise was on the 10<sup>th</sup> June 2019, monitoring was suspended after the outbreak of COVID by Welsh Government and is now resuming.

**2) Could you also send me the results of the last monitoring exercise?**

The Dr and Duty return rates were 87.5% & 85.45% respectively and the outcome after analysis was band 2B (50%).

**3) We work non-resident on calls 5pm to 8am next day during weekdays and 24 hours on weekends. On Saturday morning we usually have a clinic booked with post op follow-up patients which are pre-booked from the theatre session on Friday. The Saturday morning session is not included in our regular timetables but is counted as part of non-resident on call. Can you tell if this is compliant with the non-resident on call regulations? How do we enter this Saturday am session while we are on call in rota monitoring?**

The session would just be classified as a period of work during your on-call, in the same way a phone call or being called into the hospital for a task would be, and it would be compliant with the regulations as long as the total amount you work during the on-call is 50% or less of the total out of hours period. You can breach the Total rest rule on 25% of occasions though so if you had a very busy on-call and you didn't achieve your rest the rota/monitoring could still be compliant overall.

In the monitoring you will have to fill in a diary card and as part of that you'll be asked to fill in 15 minute blocks to show when you are working/resting, for the out of hours period you should only colour in the blocks as work if you are in the hospital, you're performing a task for the hospital from home, i.e. taking a phone-call, checking results on-line, etc. or travelling to/from the hospital after being called in, the remainder of the time is classed as rest even though you are still on-call.

