



**GIG**  
CYMRU  
**NHS**  
WALES

Bwrdd Iechyd Prifysgol  
Caerdydd a'r Fro  
Cardiff and Vale  
University Health Board

**MENTAL HEALTH REFERRALS**  
**REFERRALS RECEIVED INTO MENTAL HEALTH SERVICES**  
**BETWEEN 01/01/2019 and 31/12/2019**

| <b>SERVICE TYPE</b> | <b>TEAM NAME</b>                | <b>01/19</b> | <b>02/19</b> | <b>03/19</b> | <b>04/19</b> | <b>05/19</b> | <b>06/19</b> | <b>07/19</b> | <b>08/19</b> | <b>09/19</b> | <b>10/19</b> | <b>11/19</b> | <b>12/19</b> | <b>Total</b>  |
|---------------------|---------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|
| <b>TIER 1</b>       | INTEGRATED AUTISM SERVICE       | 55           | 40           | 58           | 50           | 67           | 53           | 54           | 38           | 28           | 61           | 62           | 51           | <b>617</b>    |
|                     | MH PRIMARY CARE COUNSELLING     | 698          | 671          | 743          | 687          | 680          | 571          | 629          | 581          | 597          | 650          | 541          | 533          | <b>7,581</b>  |
|                     | MH PSYCHOLOGICAL THERAPY HUB    | 81           | 74           | 61           | 62           | 78           | 81           | 93           | 76           | 69           | 73           | 47           | 40           | <b>835</b>    |
|                     | MH SPECIALIST OCD TEAM          | 0            | 0            | 0            | 0            | 0            | 0            | 0            | 0            | 0            | 0            | 0            | 13           | <b>13</b>     |
|                     | PANIC DISORDER TEAM             | 0            | 0            | 0            | 0            | 0            | 0            | 1            | 0            | 0            | 1            | 0            | 0            | <b>2</b>      |
|                     | PRIMARY MH SUPPORT SERVICE      | 1,003        | 949          | 973          | 925          | 1,003        | 844          | 889          | 640          | 675          | 792          | 717          | 659          | <b>10,069</b> |
|                     | TRAUMATIC STRESS                | 34           | 32           | 26           | 46           | 24           | 36           | 28           | 34           | 57           | 32           | 38           | 36           | <b>423</b>    |
|                     | <b>Total</b>                    | <b>1,871</b> | <b>1,766</b> | <b>1,861</b> | <b>1,770</b> | <b>1,852</b> | <b>1,585</b> | <b>1,694</b> | <b>1,369</b> | <b>1,426</b> | <b>1,609</b> | <b>1,405</b> | <b>1,332</b> | <b>19,540</b> |
| <b>TIER 2</b>       | ADULT LIAISON PSYCHIATRY        | 264          | 239          | 279          | 238          | 311          | 248          | 249          | 234          | 261          | 269          | 238          | 218          | <b>3,048</b>  |
|                     | C A U CARDIFF ALCOHOL TEAM      | 33           | 24           | 29           | 33           | 46           | 32           | 25           | 39           | 28           | 39           | 20           | 13           | <b>361</b>    |
|                     | C A U CARDIFF DRUG TEAM         | 27           | 24           | 17           | 13           | 10           | 11           | 18           | 23           | 17           | 24           | 7            | 20           | <b>211</b>    |
|                     | C A U THERAPEUTIC DAY PROG.     | 50           | 29           | 31           | 35           | 33           | 34           | 36           | 30           | 24           | 30           | 26           | 21           | <b>379</b>    |
|                     | C A U VALE DRUG & ALCOHOL TEAM  | 32           | 18           | 13           | 12           | 27           | 25           | 28           | 26           | 20           | 26           | 34           | 14           | <b>275</b>    |
|                     | CLOZAPINE/SMI PHYSICAL HEALTH   | 1            | 1            | 1            | 0            | 4            | 1            | 2            | 1            | 1            | 0            | 1            | 0            | <b>13</b>     |
|                     | COMMUNITY VETERANS SERVICE      | 6            | 7            | 7            | 4            | 5            | 8            | 12           | 7            | 8            | 13           | 5            | 8            | <b>90</b>     |
|                     | COMPLEX CARE COMMISSIONING TEAM | 0            | 1            | 1            | 8            | 110          | 25           | 55           | 50           | 57           | 76           | 38           | 15           | <b>436</b>    |
|                     | CRISIS SERVICES TEAM            | 201          | 165          | 188          | 217          | 234          | 212          | 215          | 192          | 179          | 206          | 159          | 166          | <b>2,334</b>  |
|                     | DIETETICS (M H)                 | 54           | 62           | 56           | 38           | 48           | 55           | 55           | 51           | 46           | 53           | 48           | 41           | <b>607</b>    |

|                       |                                   | 01/19 | 02/19 | 03/19 | 04/19 | 05/19 | 06/19 | 07/19 | 08/19 | 09/19 | 10/19 | 11/19 | 12/19        | Total        |
|-----------------------|-----------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------------|--------------|
| <b>TIER 2</b>         | EDAS                              | 167   | 122   | 155   | 111   | 138   | 132   | 146   | 135   | 123   | 119   | 98    | 87           | <b>1,533</b> |
|                       | FORENSIC                          | 102   | 91    | 61    | 62    | 90    | 98    | 99    | 66    | 79    | 80    | 66    | 93           | <b>987</b>   |
|                       | GABALFA CMHT                      | 84    | 103   | 94    | 100   | 119   | 104   | 86    | 84    | 103   | 150   | 137   | 107          | <b>1,271</b> |
|                       | GRAND AVENUE SPECIALIST DAY CENT  | 3     | 2     | 1     | 2     | 1     | 2     | 2     | 0     | 0     | 3     | 0     | 1            | <b>17</b>    |
|                       | HAMADRYAD CMHT                    | 141   | 101   | 134   | 122   | 131   | 128   | 136   | 84    | 94    | 141   | 123   | 113          | <b>1,448</b> |
|                       | HOMELESS MDT                      | 0     | 0     | 2     | 2     | 0     | 1     | 0     | 0     | 0     | 0     | 0     | 0            | <b>5</b>     |
|                       | LINKS CMHT                        | 97    | 83    | 88    | 92    | 104   | 64    | 96    | 92    | 64    | 134   | 95    | 80           | <b>1,089</b> |
|                       | MENTAL HEALTH ACT ADMIN TEAM      | 0     | 0     | 0     | 0     | 0     | 1     | 1     | 1     | 2     | 0     | 0     | 0            | <b>5</b>     |
|                       | MH HEADROOM                       | 6     | 10    | 7     | 7     | 10    | 8     | 4     | 4     | 6     | 14    | 9     | 9            | <b>94</b>    |
|                       | MH PALLIATIVE CARE TEAM           | 0     | 0     | 1     | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0            | <b>1</b>     |
|                       | MH SPEECH AND LANGUAGE THERAPY    | 27    | 24    | 18    | 24    | 20    | 15    | 22    | 19    | 29    | 10    | 21    | 25           | <b>254</b>   |
|                       | MHCS PROJECT TEAM                 | 0     | 2     | 1     | 2     | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0            | <b>5</b>     |
|                       | MHSOP – LIAISON PSYCHIATRY FOR OL | 81    | 68    | 57    | 80    | 85    | 78    | 83    | 81    | 75    | 88    | 90    | 82           | <b>948</b>   |
|                       | MHSOP COMMUNITY REACT SERVICE     | 34    | 34    | 31    | 26    | 32    | 32    | 29    | 31    | 27    | 29    | 25    | 25           | <b>355</b>   |
|                       | MHSOP OUTPATIENTS                 | 65    | 43    | 61    | 59    | 40    | 52    | 55    | 51    | 34    | 36    | 44    | 31           | <b>571</b>   |
|                       | MHSOP PSYCHOLOGY                  | 0     | 0     | 0     | 0     | 0     | 0     | 1     | 1     | 1     | 2     | 0     | 1            | <b>6</b>     |
|                       | MHSOP SINGLE POINT OF ENTRY       | 181   | 157   | 145   | 159   | 158   | 136   | 153   | 144   | 125   | 150   | 149   | 144          | <b>1,801</b> |
|                       | PARK LODGE TEAM                   | 0     | 0     | 0     | 0     | 1     | 0     | 0     | 0     | 0     | 0     | 0     | 0            | <b>1</b>     |
|                       | PENDINE CMHT                      | 99    | 79    | 96    | 92    | 98    | 79    | 84    | 88    | 92    | 96    | 89    | 65           | <b>1,057</b> |
|                       | PENTWYN CMHT                      | 117   | 89    | 93    | 83    | 105   | 86    | 111   | 77    | 89    | 128   | 112   | 78           | <b>1,168</b> |
| PHYSIOTHERAPY (M H)   | 186                               | 177   | 151   | 141   | 128   | 156   | 156   | 140   | 140   | 144   | 128   | 130   | <b>1,777</b> |              |
| TY CANNA              | 16                                | 6     | 15    | 10    | 16    | 12    | 18    | 17    | 12    | 12    | 11    | 13    | <b>158</b>   |              |
| VALE LOCALITY MH TEAM | 143                               | 145   | 179   | 176   | 164   | 133   | 149   | 131   | 143   | 159   | 132   | 113   | <b>1,767</b> |              |

|               |                              | 01/19        | 02/19        | 03/19        | 04/19        | 05/19        | 06/19        | 07/19        | 08/19        | 09/19        | 10/19        | 11/19        | 12/19         | Total         |
|---------------|------------------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|---------------|---------------|
| <b>TIER 2</b> | <b>Total</b>                 | <b>2,217</b> | <b>1,906</b> | <b>2,012</b> | <b>1,948</b> | <b>2,268</b> | <b>1,968</b> | <b>2,126</b> | <b>1,899</b> | <b>1,879</b> | <b>2,231</b> | <b>1,905</b> | <b>1,713</b>  | <b>24,072</b> |
| <b>TIER 3</b> | CYNNWYS THERAPY SERVICE      | 5            | 2            | 4            | 2            | 3            | 3            | 7            | 2            | 6            | 8            | 6            | 6             | <b>54</b>     |
|               | EATING DISORDERS SERVICE     | 15           | 14           | 16           | 8            | 11           | 16           | 14           | 6            | 6            | 23           | 19           | 17            | <b>165</b>    |
|               | FOCUSSED OUTREACH & RECOVERY | 9            | 10           | 10           | 4            | 6            | 20           | 12           | 16           | 13           | 17           | 13           | 18            | <b>148</b>    |
|               | IRIS TEAM - MH               | 0            | 0            | 0            | 0            | 0            | 3            | 0            | 2            | 6            | 0            | 1            | 0             | <b>12</b>     |
|               | PERINATAL TEAM               | 35           | 27           | 39           | 30           | 30           | 38           | 38           | 33           | 36           | 42           | 37           | 30            | <b>415</b>    |
|               | YOUNG ONSET DEMENTIA SERVICE | 1            | 5            | 2            | 3            | 1            | 3            | 2            | 4            | 4            | 0            | 3            | 0             | <b>28</b>     |
|               | <b>Total</b>                 | <b>65</b>    | <b>58</b>    | <b>71</b>    | <b>47</b>    | <b>51</b>    | <b>83</b>    | <b>73</b>    | <b>63</b>    | <b>71</b>    | <b>90</b>    | <b>79</b>    | <b>71</b>     | <b>822</b>    |
| <b>TIER 4</b> | ADULT ACUTE                  | 45           | 45           | 37           | 32           | 32           | 53           | 48           | 42           | 41           | 36           | 28           | 33            | <b>472</b>    |
|               | C A U PINE INPATIENTS        | 30           | 25           | 28           | 25           | 30           | 33           | 20           | 47           | 29           | 33           | 29           | 28            | <b>357</b>    |
|               | E C T CLINIC                 | 6            | 2            | 0            | 2            | 4            | 3            | 1            | 6            | 3            | 5            | 1            | 0             | <b>33</b>     |
|               | MHSOP ASSESSMENT & RECOVERY  | 36           | 19           | 28           | 29           | 26           | 24           | 20           | 15           | 21           | 23           | 24           | 6             | <b>271</b>    |
|               | MHSOP CARE HOMES             | 259          | 64           | 66           | 53           | 54           | 64           | 54           | 54           | 44           | 53           | 61           | 46            | <b>872</b>    |
|               | MHSOP INPATIENTS             | 34           | 25           | 31           | 28           | 22           | 30           | 33           | 22           | 17           | 25           | 24           | 22            | <b>313</b>    |
|               | NEUROPSYCHIATRY TEAM         | 14           | 7            | 10           | 9            | 16           | 6            | 7            | 1            | 9            | 9            | 12           | 2             | <b>102</b>    |
|               | REHABILITATION SERVICE       | 6            | 16           | 8            | 4            | 8            | 6            | 4            | 9            | 11           | 12           | 5            | 13            | <b>102</b>    |
|               | <b>Total</b>                 | <b>430</b>   | <b>203</b>   | <b>208</b>   | <b>182</b>   | <b>192</b>   | <b>219</b>   | <b>187</b>   | <b>196</b>   | <b>175</b>   | <b>196</b>   | <b>184</b>   | <b>150</b>    | <b>2,522</b>  |
| <b>Total</b>  | <b>4,583</b>                 | <b>3,933</b> | <b>4,152</b> | <b>3,947</b> | <b>4,363</b> | <b>3,855</b> | <b>4,080</b> | <b>3,527</b> | <b>3,551</b> | <b>4,126</b> | <b>3,573</b> | <b>3,266</b> | <b>46,956</b> |               |