

Freedom of Information Act 2000 - Request Reference FoI/20/368
Psychological Therapies Waiting Times

Request details

Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from April 2019 to September 2020:

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- Patients waiting up to and including 84 days
- Patients waiting 85 days and over and up to and including 126 days
- Patients waiting 127 days and over and up to and including 182 days
- Patients waiting 183 days and over and up to and including 252 days
- Patients waiting 253 days and over and up to and including 364 days
- Patients waiting 365 days and over

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Response details

Please find attached.

Please note no data was collected in March 2020 due to Covid-19. September 2020 figures not yet compiled.