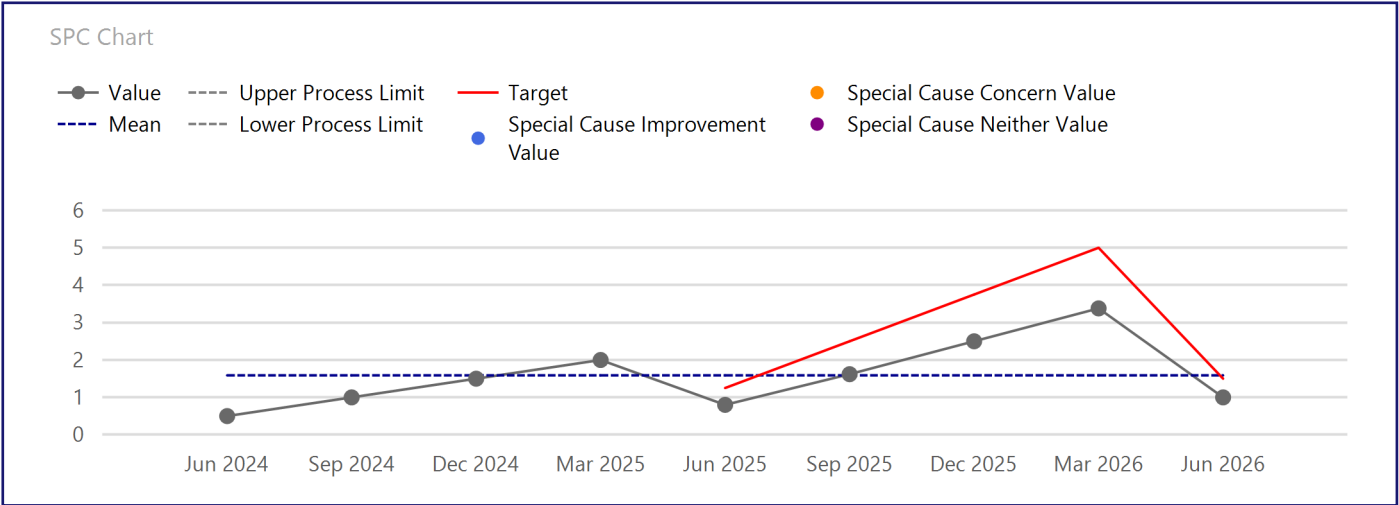


Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	1	1.5			Executive Director of Public Health



Narrative

Annual target is 7.5% of the estimated 38,800 Cardiff and Vale residents who smoke (n=2,910). Q1 target is 1.5% of the estimated 38,800 Cardiff and Vale residents who smoke (n=582); Q2 target is 3.5% (n=1,358, cumulative); Q3 target is 5.5% (n=2,134, cumulative); Q4 target is 7.5% (n=2,910).

This quarter, a total of 381 adult smokers made a quit attempt via smoking cessation services. This means that services supported 1.0% of the Cardiff and Vale adult smoking population. This compares with the Q1 target of 1.5% and the annual target of 7.5%.

Performance in Q1 2026/27 continues to improve on performance in 2025/26 but falls short of the target. Performance continued to improve in Help Me Quit Community and Allen Carr Easyway services, remained steady in Help Me Quit telephone hub and Hospital services, but fell significantly in the community pharmacy service.

Actions and Owners

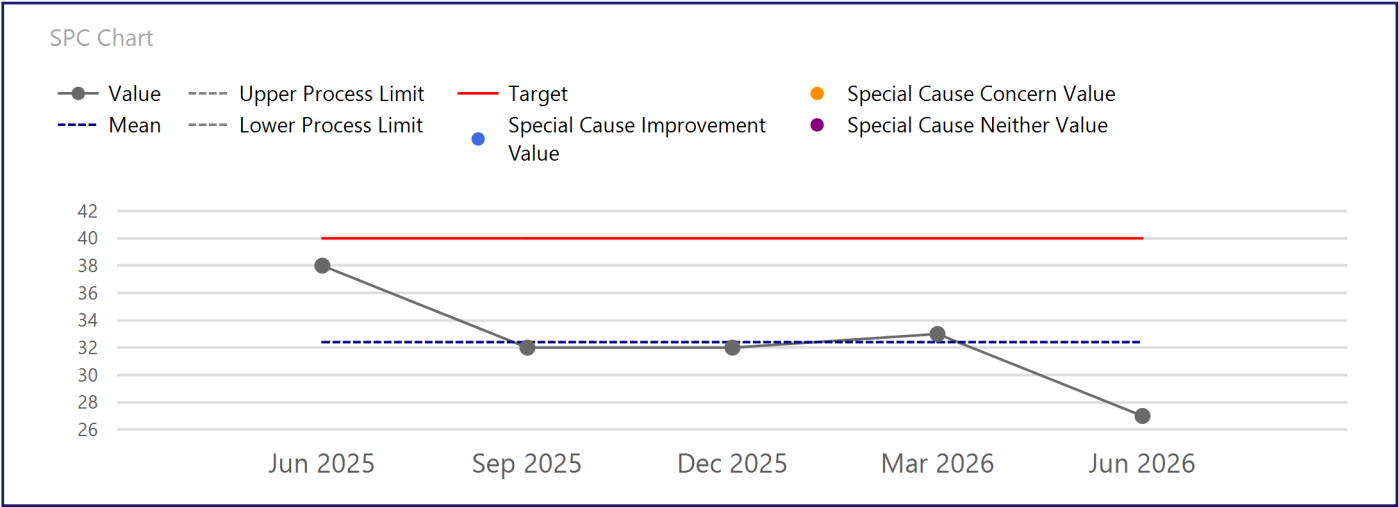
Reasons for significant drop in activity in community pharmacy to be explored and mitigated where possible.

Concerns

Below target.

While performance against this target continued to improve in HMQ Community and Allen Carr Easyway services, it remained steady in Help Me Quit telephone hub and Hospital services, but fell significantly in the community pharmacy service.

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	27	40			Executive Director of Public Health



Narrative

All smoking cessation services combined = 27.3%

Below target overall (but note variation by service).

Breakdown:

- 40.6% Help Me Quit (HMQ) Community (excl. PHW HMQ telephone hub) - service meets target
- 0.0% PHW HMQ telephone hub - service does not meet target
- 15.1% Allen Carr Easyway - service does not meet target
- 21.3% HMQ Community Pharmacy - service does not meet target
- 47.1% Hospital Cessation Service - service meets target

Actions and Owners

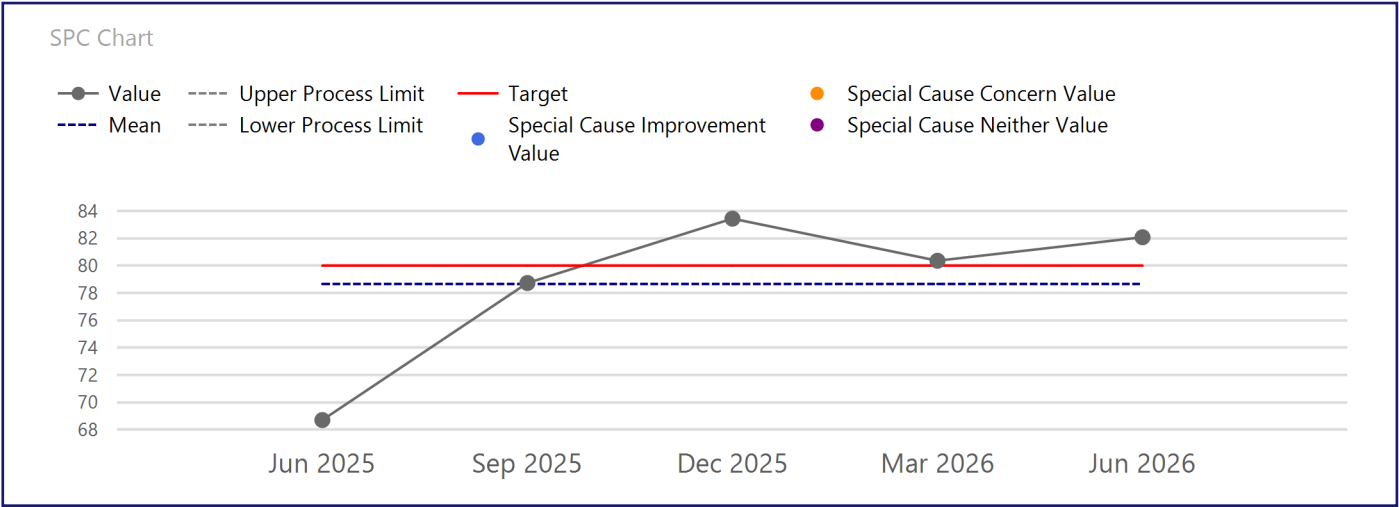
Staff deployed to raise CO validation where possible within resources available.

Concerns

Below target.

Performance against this target was above target in HMQ Community and Hospital services, but it fell short of the target in all other smoking cessation services.

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	82.08	80			Executive Director of Public Health



Narrative

The performance indicator remains above the 80% target, with minor quarter-on-quarter variation.

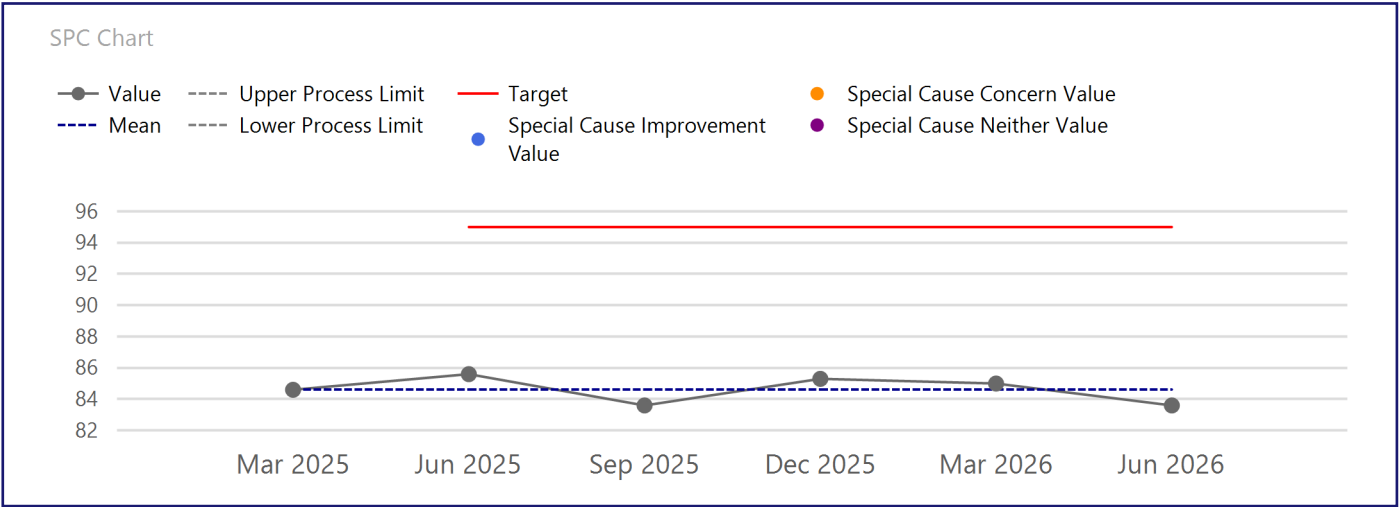
Actions and Owners

Substance use key performance indicators are reviewed regularly in meetings of the Cardiff and Vale Area Planning Board (APB). The APB is made up of partner organisations that work collaboratively, through a whole system approach, towards preventing and reducing harm from substance use and developing, delivering and improving efficient and effective substance use services, to meet the need of the local population.

Concerns

None

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	83.6	95			Executive Director of Public Health



Narrative

The gap has widened from 2.5% to 3.6%, but not to the extent of the gap recorded in the Q3 2024/25 of 4.8%

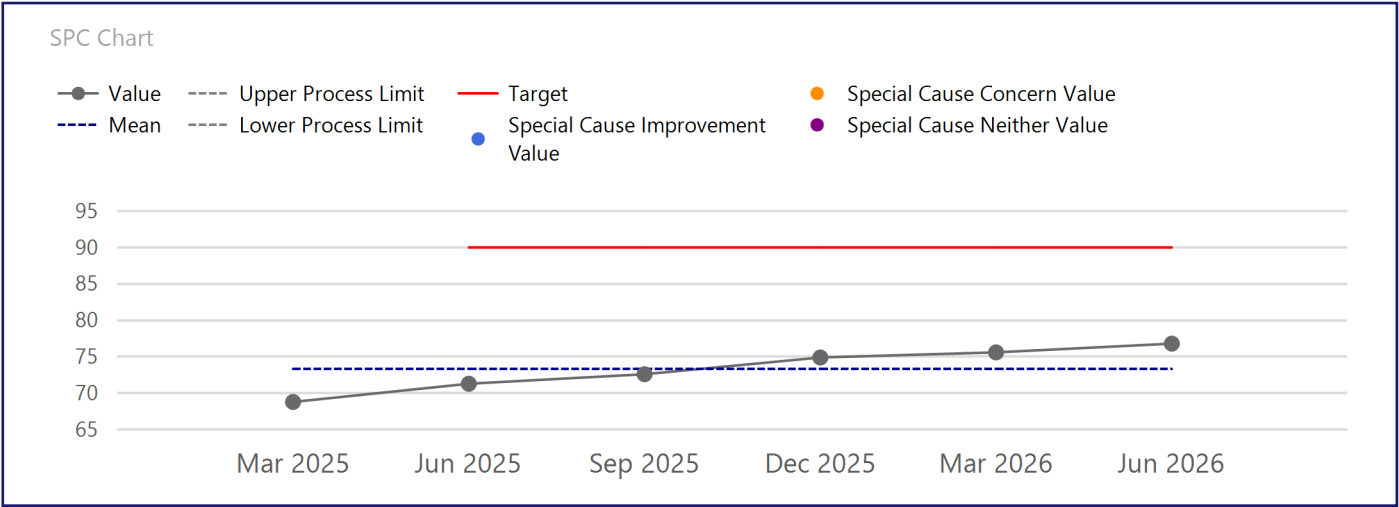
Actions and Owners

A delivery plan of detailed actions to improve this outcome has been developed and embedded into the 2026/27 delivery plan of the Childhood and Teenage Immunisations Strategic Action Plan (2026-2029).

Concerns

No concerns, all actions planned for the year to improve this outcome are underway.

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	76.8	90			Executive Director of Public Health



Narrative

School Nursing Immunisation colleagues have delivered the programme this season including additional catch-up clinics which has continued to narrow the gap between CAV and the Wales average to 0.1%

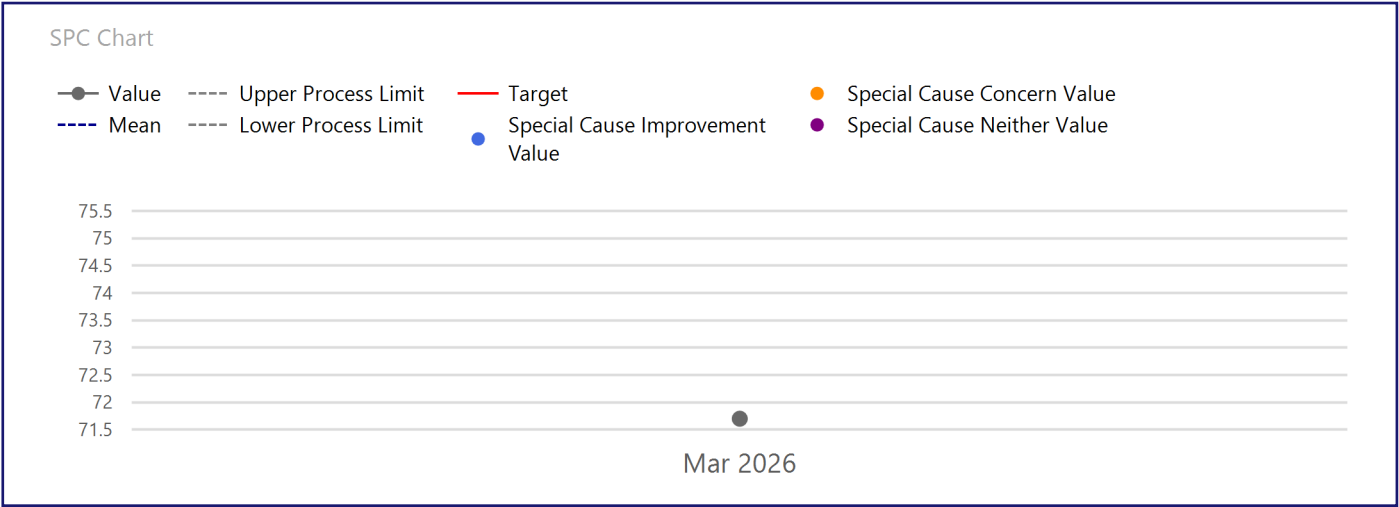
Actions and Owners

A delivery plan of detailed actions to improve this outcome has been developed and embedded into the 2026/27 delivery plan of the Childhood and Teenage Immunisations Strategic Action Plan (2026-2029)

Concerns

None

Latest Month	Value	Target	Assurance	Variation	Metric Owner
March 2026	71.7	75			Executive Director of Public Health



Narrative

The Autumn influenza campaign commenced 1 October 2025 for residents aged 65 years and over and concluded on 31 March 2026. 67,897 out of 94,751 residents in CAVUHB aged 65 and over were vaccinated. This is an uptake of 71.7%, equal to the all-Wales average.

Actions and Owners

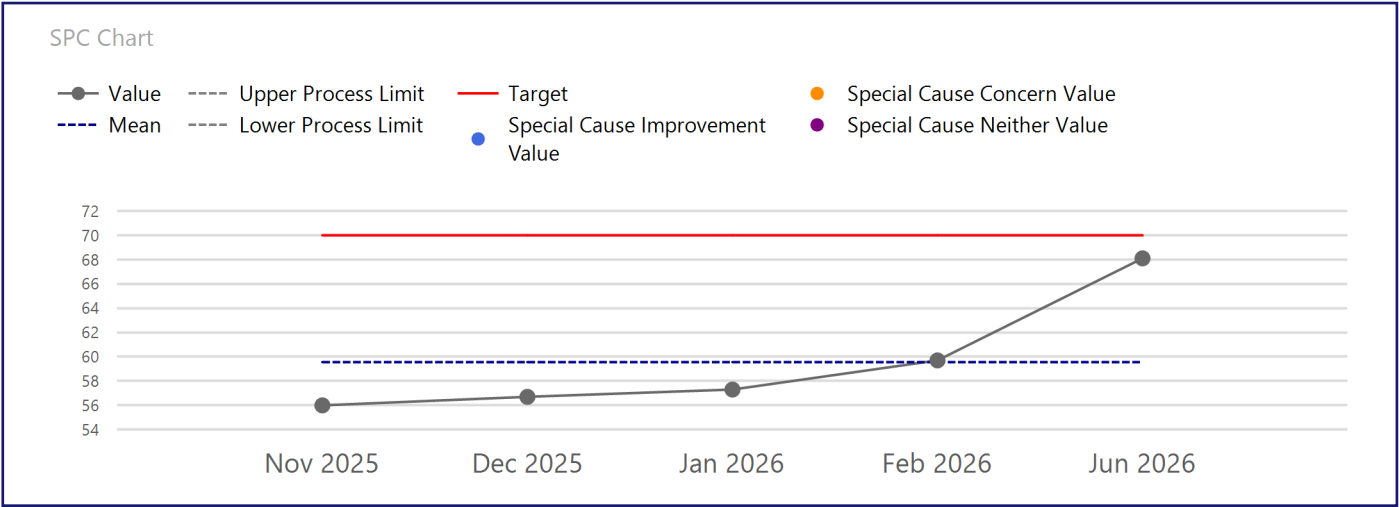
Joint Health Board flu evaluation session held in April 2026, planning underway for the 2026/27 season. Review of capacity to deliver flu vaccination programme 2026/27 underway, particularly in light of aim to continue provision of an equitable offer for injectable gelatine-free vaccination in schools, and introduction of time-limited MenB vaccination campaign which is an additional ask on capacity.

Action owner: CAV Public Health Team

Concerns

Uptake was below the national target of 75%. There was a gap in uptake between the least and most deprived areas

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	68.1	70			Executive Director of Public Health



Narrative

The RSV vaccination programme was introduced 1 September 2024 for older adults as they turn 75 years old and pregnant women at 28 weeks' gestation.

As of June 2026, 2,699 out of 3,065 individuals reaching their 75th birthday between 1st September 2024 and 31st August 2025 2026 were vaccinated. This is an uptake of 68.1%, which is above the All-Wales average of 62.8%.

Actions and Owners

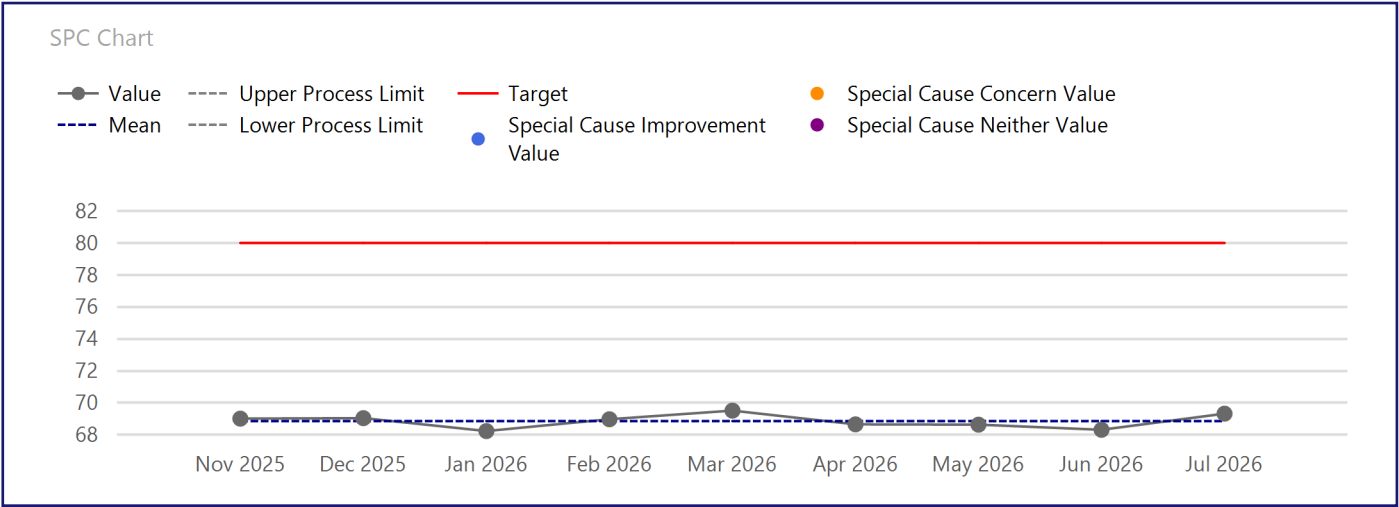
A 12-month, one-off catch-up campaign was introduced 1 September 2024 to target individuals aged between 75 and 79 years old. This one off catch up campaign was amended in August 2025 so these individuals would remain eligible indefinitely. The programme was expanded in April 2026 to include all adults aged 80+ and all residents in a care home for older adults.

Action owner: CAV Public Health Team

Concerns

Uptake for individuals reaching their 75th birthday is below the national target of 70%.

Latest Month	Value	Target	Assurance	Variation	Metric Owner
July 2026	69.33	80			Executive Director of Public Health



Narrative

Slight increase over last month.

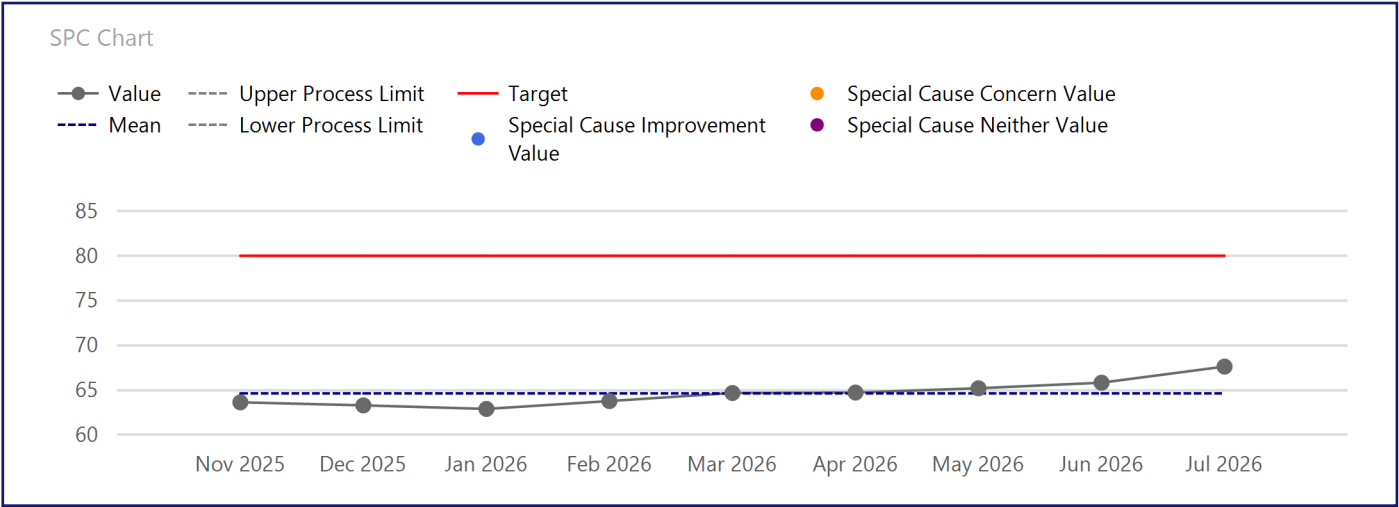
Actions and Owners

Primary Community and Intermediate Care (PCIC) Clinical Board are leading on 8 care process cluster work. They are looking at practice level data to identify and support lowest uptake practices, and providing practice-specific support and sharing best practice. Practice visits have taken place over Summer and into Autumn.

Concerns

None

Latest Month	Value	Target	Assurance	Variation	Metric Owner
July 2026	67.63	80			Executive Director of Public Health



Narrative

Sustained increase since January 2026.

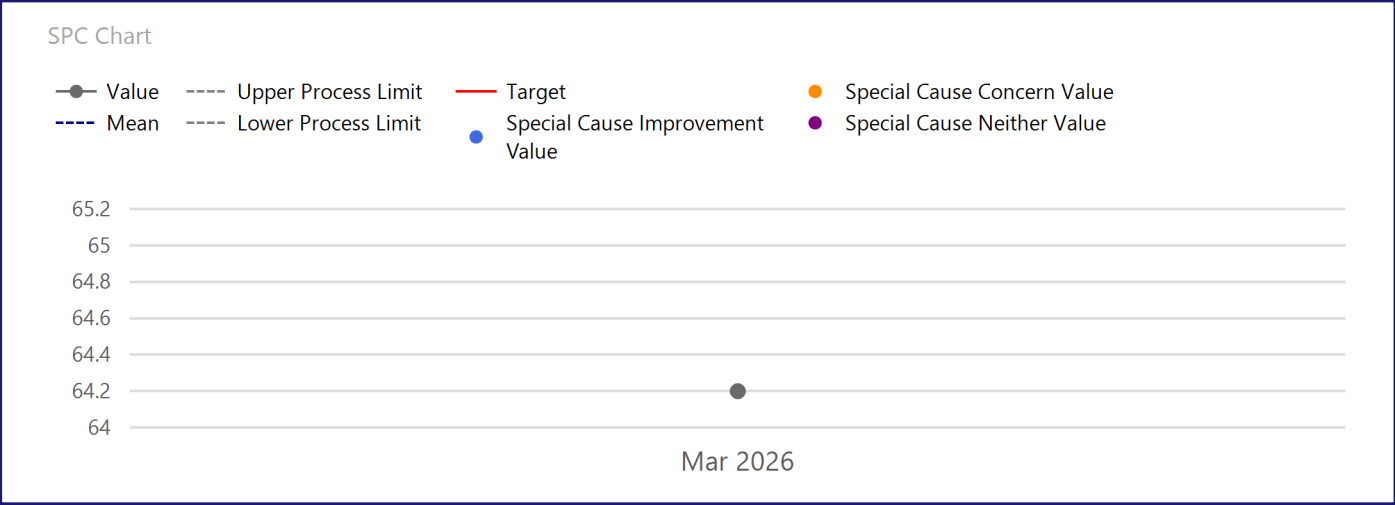
Actions and Owners

Primary Community and Intermediate Care (PCIC) Clinical Board are leading on 8 care process cluster work. They are looking at practice level data to identify and support lowest uptake practices, and providing practice-specific support and sharing best practice. Practice visits have taken place over Summer and into Autumn.

Concerns

None

Latest Month	Value	Target	Assurance	Variation	Metric Owner
March 2026	64.2	65			Executive Director of Public Health



Narrative

As part of the Autumn Influenza campaign we began vaccinating health and social care staff on 1 September 2026. CAVUHB incorporated a roaming delivery model for staff vaccination in 2025/26 and utilised an enhanced approach to communications. The public health team contributed to a national Influenza 2025/26 Lessons Learned process run by Vaccination Programme Wales (VPW) and ran a local evaluation and forward planning session.

Actions and Owners

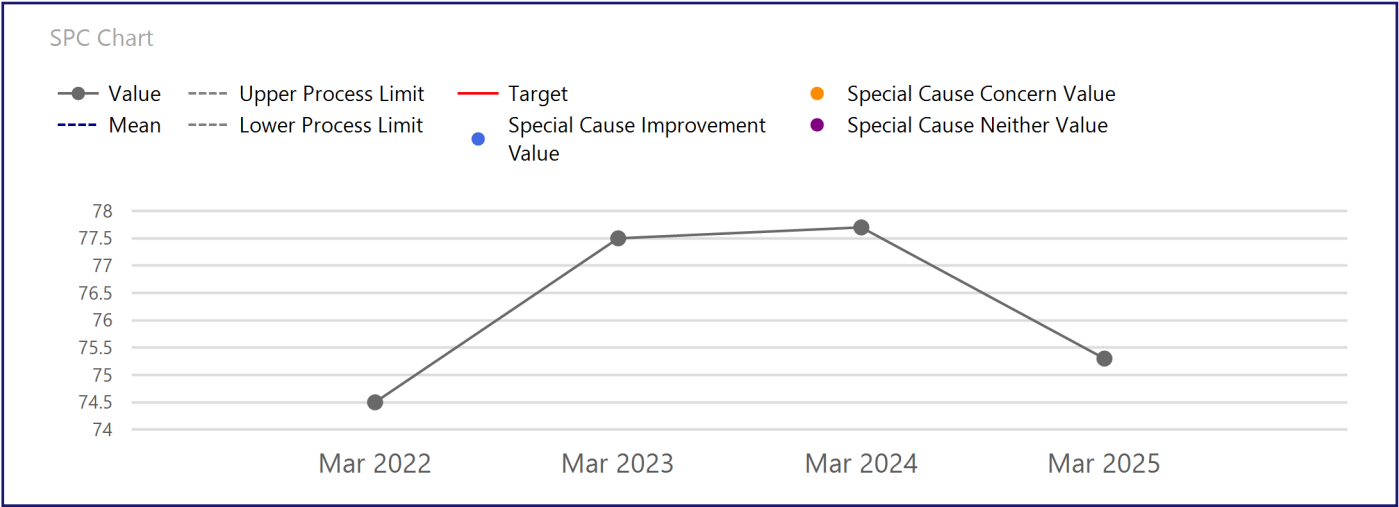
Joint Health Board flu evaluation session held in April 2026, planning underway for the 2026/27 season.

Action owner: CAV Public Health Team

Concerns

No current concerns

Latest Month	Value	Target	Assurance	Variation	Metric Owner
March 2025	75.3				Executive Director of Public Health



Narrative

2024/25 Child Measurement Programme data demonstrated a slight decrease in healthy weight to 75.3%, from 77.7% the previous year (for Cardiff and Vale UHB). The UHB had the highest level of healthy weight of all Welsh Health Boards for 2024/25.

There are no comparable data in other UK countries due to different methodologies being used.

Actions and Owners

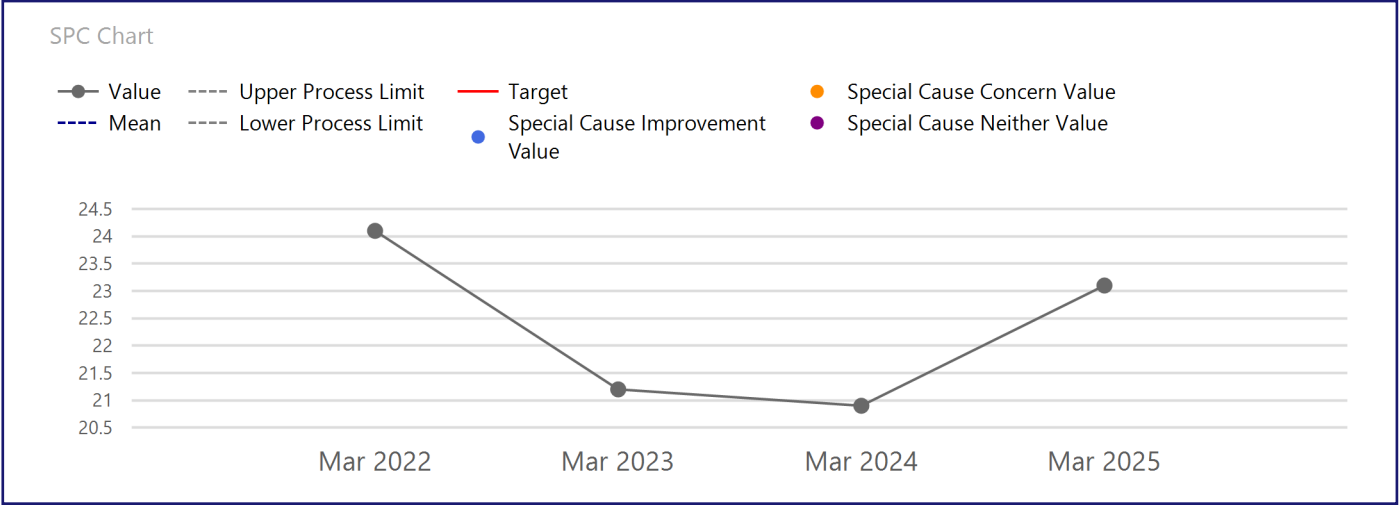
Action is on track. Actions in Good Food and Movement Implementation Plan (2026-2028) agreed by both Cardiff and Vale of Glamorgan Governance structures.

Action owner: CAV Public Health Team

Concerns

2024/25 Child Measurement Programme data demonstrated a slight decrease in healthy weight to 75.3%, from 77.7% the previous year (for Cardiff and Vale UHB).

Latest Month	Value	Target	Assurance	Variation	Metric Owner
March 2025	23.1				Executive Director of Public Health



Narrative

See 'healthy weight' indicator

Actions and Owners

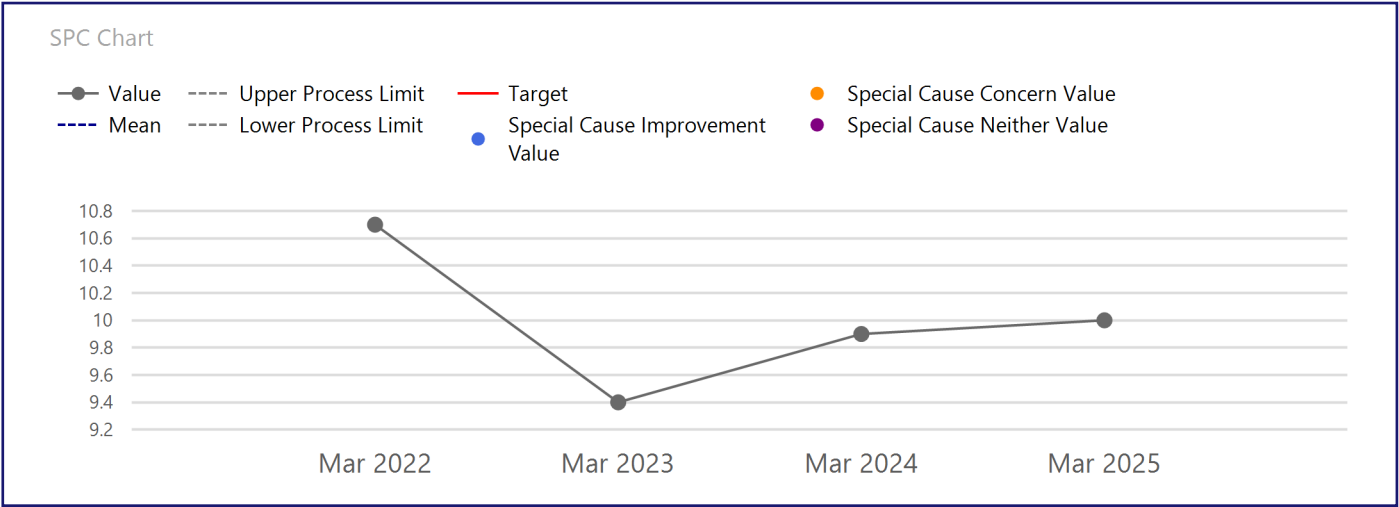
Action is on track. Actions in Good Food and Movement Implementation Plan (2026-2028) agreed by both Cardiff and Vale of Glamorgan Governance structures.

Action owner: CAV Public Health Team

Concerns

No current concerns

Latest Month	Value	Target	Assurance	Variation	Metric Owner
March 2025	10				Executive Director of Public Health



Narrative

Differences remain between our most and least deprived communities with levels of healthy weight lower, and consumption of fruit and vegetables/physical activity levels also lower in the most deprived areas of Cardiff and Vale.

Actions and Owners

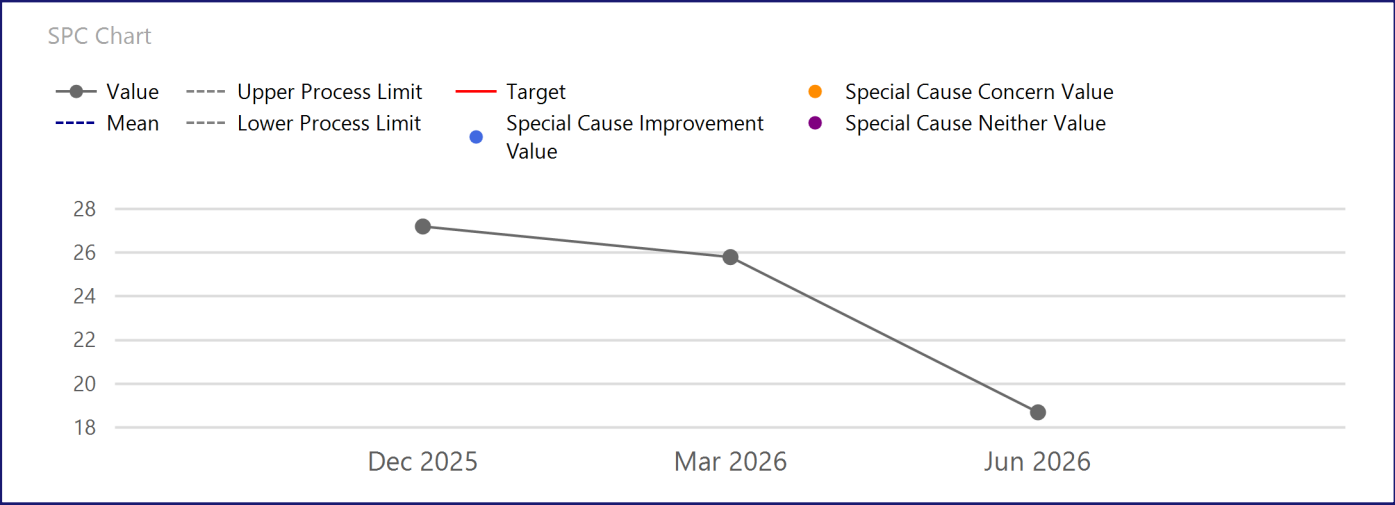
Action is on track. Actions in Good Food and Movement Implementation Plan (2026-2028) agreed by both Cardiff and Vale of Glamorgan Governance structures.

Action owner: CAV Public Health Team

Concerns

No current concerns

Latest Month	Value	Target	Assurance	Variation	Metric Owner
June 2026	18.7				Executive Director of Public Health



Narrative

Sustained increase in 8 care process completion over last three quarters for lowest completion rate cluster. (Previous incorrect figure for Mar 26 revised to 25.8%)

Actions and Owners

Primary Community and Intermediate Care (PCIC) Clinical Board are leading on 8 care process cluster work. They are looking at practice level data to identify and support lowest uptake practices, and providing practice-specific support and sharing best practice. Practice visits have taken place over Summer and into Autumn.

Concerns

Reduction in gap is also due to fall in care process completion rate from highest completion rate cluster.